

JANUARY 2021 CHILD CARE BREAKFAST MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| 1/4/2021 341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK | 1/5/2021 339 WG CRANBERRY ORANGE MUFFIN 670 FRESH FRUIT 100 WHITE MILK | 1/6/2021 338 WG FRENCH TOAST STICKS (individual package) 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 1/7/2021 349 CORN CHEX CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK | 1/8/2021 332 WG APPLE CINNAMON MUFFIN 646 DOLE DICED PEACHES CUP 100 WHITE MILK |
| 1/11/2021 345 HONEY SCOOTERS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 1/12/2021 335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK | 1/13/2021 343 RICE CHEX CEREAL 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK | 1/14/2021 802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 647 DOLE MANDARIN ORANGES CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK | 1/15/2021 366 WG BLUEBERRY SLICED BAGEL <i>or</i> 331 WG CORN MUFFIN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK |
| 1/18/2021 342 CHEERIOS CEREAL 670 FRESH FRUIT 100 WHITE MILK | 1/19/2021 330 WG BLUEBERRY MUFFIN 609 DOLE MIXED FRUIT CUP 100 WHITE MILK | 1/20/2021 307 PILLSBURY WG CHERRY BAKED FRUDEL (individual package) 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 1/21/2021 339 WG CRANBERRY ORANGE MUFFIN 644 DOLE DICED PEARS CUP 100 WHITE MILK | 1/22/2021 341 WG VANILLA HONEY BUNCHES OF OATS CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK |
| Martin Luther King, Jr. Day 1/25/2021 336 PILLSBURY STRAWBERRY SPLASH MINI WG PANCAKES (individual package) 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK | 1/26/2021 346 CINNAMON TOAST CRUNCH CEREAL 670 FRESH FRUIT 100 WHITE MILK | 1/27/2021 367 WG CINNAMON RAISIN SLICED BAGEL <i>or</i> 335 WG BANANA MUFFIN 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK | 1/28/2021 345 HONEY SCOOTERS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 1/29/2021 331 WG CORN MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK |

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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