

OCTOBER 2020 CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served at every Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/28/2020 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	9/29/2020 261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	9/30/2020 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/1/2020 205 WG POPCORN CHICKEN 506 CHOPPED ROMAINE SALAD or 633 100% SUNSET SIP VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	10/2/2020 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 506 CHOPPED ROMAINE SALAD or 635 100% CALYPSO CRUSH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK
10/5/2020 238 TURKEY BREAST & AMERICAN CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/6/2020 251 WG BAKED CHICKEN NUGGETS 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	10/7/2020 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 632 100% WANGO MANGO VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	10/8/2020 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/9/2020 272 FOUR CHEESE WG PANINI 506 CHOPPED ROMAINE SALAD or 635 100% CALYPSO CRUSH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
10/12/2020 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK Columbus Day	10/13/2020 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	10/14/2020 205 WG POPCORN CHICKEN 632 100% WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	10/15/2020 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/16/2020 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 506 CHOPPED ROMAINE SALAD or 635 100% CALYPSO CRUSH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK
10/19/2020 251 WG BAKED CHICKEN NUGGETS 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	10/20/2020 272 FOUR CHEESE WG PANINI 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	10/21/2020 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/22/2020 238 TURKEY BREAST & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD or 633 100% SUNSET SIP VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/23/2020 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD or 635 100% CALYPSO CRUSH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
10/26/2020 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	10/27/2020 261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	10/28/2020 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	10/29/2020 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 506 CHOPPED ROMAINE SALAD or 633 100% SUNSET SIP VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	10/30/2020 205 WG POPCORN CHICKEN 506 CHOPPED ROMAINE SALAD or 635 100% CALYPSO CRUSH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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