



Cold Lunch - SEPTEMBER 2020

"Find a way to be healthy and do it!" by Alysiana, grade 3 from Notre Dame De Lourdes School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Turkey and Cheese on Wheat Bread Fresh Fruit Fiesta Corn Salad #631 Cherry star Veg Juice #647 Dole Mandarin Orange Cup Milk</p> <p>31</p>	<p>BBQ Chicken Salad Fresh Fruit Romaine Salad Dinner Roll #608 Dole Tropical Fruit Cup #631 Cherry Star Veg Juice Milk</p> <p>1</p>	<p>Roast Beef and Cheese Sandwich on a Kaiser Roll Fresh Fruit Bagged Baby Carrots #630 Dragon Punch Veg Juice #658 Cherry Craisins Milk</p> <p>2</p>	<p>Tuna Salad Sandwich on Flatbread Fresh Fruit Garbanzo Bean Salad #632 Wango Mango Veg Juice #684 Mixed Berry Applesauce Milk</p> <p>3</p>	<p>Chicken Caesar Wrap Fresh Fruit Cole Slaw #447 Mott's Apple White Grape #611 Baby Carrots Milk</p> <p>4</p>
<p>Labor Day</p> <p>7</p>	<p>Asian Noodle Salad Fresh Fruit Broccoli #608 Dole Tropical Fruit Cup #635 Calypso Crush Veg Juice Milk</p> <p>8</p>	<p>Chicken Salad BLT Wrap Fresh Fruit Cucumber Salad #631 Cherry Star Veg Juice #690 Apple Crisps Milk</p> <p>9</p>	<p>Chipotle Turkey Wrap Fresh Fruit Three Bean Salad #630 Dragon Punch Veg Juice #691 Strawberry Apple Crisp Milk</p> <p>10</p>	<p>Turkey and Cheese Goldfish Bread Fresh Fruit Bagged Baby Carrots #608 Dole Tropical Fruit Cup #630 Dragon Punch Veg Juice Milk</p> <p>11</p>
<p>Turkey-Ham and Cheese on a Pretzel Roll Fresh Fruit Fiesta Corn Salsa #631 Cherry Star Veg Juice #658 Cherry Craisins Milk</p> <p>14</p>	<p>Tuna Salad Sandwich on Flatbread Fresh Fruit Celery Sticks #630 Dragon Punch #690 Apple Crisps Milk</p> <p>15</p>	<p>Chef Salad Fresh Fruit Croutons #635 Calypso Crush Vegetable Juice #684 Mixed Berry Applesauce Milk</p> <p>16</p>	<p>Southwest Chicken Fajita Wrap Fresh Fruit Black Bean and Corn Salad #635 Calypso Crush Vegetable Juice Milk</p> <p>17</p>	<p>Egg Salad Sandwich on a Kaiser Roll Fresh Fruit Diced Tomato Salad #632 Wango Mango Veg Juice #658 Cherry Craisins Milk</p> <p>18</p>
<p>Beef Bologna and Cheese on Wheat Bread Fresh Fruit Carrot and Raisin Salad #630 Dragon Punch Veg Juice #659 Watermelon Craisins Milk</p> <p>21</p>	<p>Hummus Protein Pack with Pita Bread Fresh Fruit Sliced Cucumbers #631 Cherry Star Veg Juice #691 Strawberry Apple Crisp Milk</p> <p>22</p>	<p>Turkey Cobb Salad with a Dinner Roll Fresh Fruit Fresh Fruit #609 Dole Mixed Fruit Cup #631 Cherry Star Veg Juice Milk</p> <p>23</p>	<p>Buffalo Chicken Wrap Fresh Fruit Buttermilk Ranch Potato Salad #447 Mott's Apple White Grape #611 Baby Carrots Milk</p> <p>24</p>	<p>Turkey BLT on a Flatbread Fresh Fruit White Bean Salad #635 Calypso Crush Veg Juice #690 Apple Crisp Milk</p> <p>25</p>
<p> 28</p>	<p> 29</p>	<p> 30</p>		