



# SEPTEMBER 2020

## Elementary

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
368 Plain Bagel <b>31</b> 609 Dole Mixed Fruit Cup 753 Orange Juice	309 Apple Jammer <b>1</b> 659 Watermelon Craisins 748 Grape Juice	334 Cinnamon Toast <b>2</b> Crunch Cereal 670 Fresh Fruit 752 Fruit Punch Juice	329 Trix Cereal Bar <b>3</b> 690 Apple Crisps 749 Apple-Cherry Juice	328 Chocolate Chip Muffin <b>4</b> 684 Mixed Berry Applesauce 750 Apple Juice
<b>Labor Day</b> <b>7</b>	323 Apple Cinnamon Muffin <b>8</b> 691 Strawberry Apple Crisps 748 Grape Juice	366 Blueberry Bagel <b>9</b> 699 Strawberry Cup 753 Orange Juice	321 Banana Muffin <b>10</b> 658 Cherry Craisins 750 Apple Juice	350 Apple Cinnamon Cheerios Bar <b>11</b> 608 Dole Tropical Fruit Cup 752 Fruit Punch Juice
359 Honey Scooters <b>14</b> 684 Mixed Berry Applesauce 749 Apple-Cherry Juice	334 Cinnamon Toast <b>15</b> Crunch Cereal 699 Strawberry Cup 750 Apple Juice	328 Chocolate Chip Muffin <b>16</b> 670 Fresh Fruit 659 Watermelon Craisins	323 Apple Cinnamon Muffin <b>17</b> 690 Apple Crisps 749 Apple-Cherry Juice	322 Blueberry Muffin <b>18</b> 684 Mixed Berry Applesauce 752 Fruit Punch Juice
323 Apple Cinnamon Muffin <b>21</b> 659 Watermelon Craisins 749 Apple-Cherry Juice	366 Blueberry Bagel <b>22</b> 609 Dole Mixed Fruit Cup 748 Grape Juice	334 Cinnamon Toast <b>23</b> Crunch Cereal 697 Bagged Sliced Apples 750 Apple Juice	368 Plain Bagel <b>24</b> 691 Strawberry Apple Crisps 752 Fruit Punch Juice	321 Banana Muffin <b>25</b> 647 Dole Mandarin Orange Cup 748 Grape Juice
<b>28</b>	<b>29</b>	<b>30</b>		

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.