

# SEPTEMBER 2020 CHILD CARE HOT LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8/31/2020</p> <p>827 HAMBURGER PATTY 815 MIXED VEGETABLES 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>9/1/2020</p> <p>255 CHEESE STUFFED BREADSTICKS (individual package) 622 RED GOLD MARINARA SAUCE CUP <b>or</b> 817 BROCCOLI 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>	<p>9/2/2020</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 865 CHEESY CAULIFLOWER 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/3/2020</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/4/2020</p> <p>847 CHEESY CHICKEN, POTATO &amp; BROCCOLI BAKE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 812 CORN 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>9/7/2020</p> <p><b>Labor Day</b></p>	<p>9/8/2020</p> <p>834 CHICKEN ALFREDO W/WG PENNE PASTA (2 serv/cont) 864 DICED CARROTS <b>or</b> 611 BABY CARROTS PACK 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/9/2020</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>9/10/2020</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <b>or</b> 263 5" ROUND WG CHEESE PIZZA (individual package) 869 POTATO ROUNDS 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>9/11/2020</p> <p>849 SWEDISH MEATBALLS 817 BROCCOLI 683 UNSWEETENED APPLESAUCE CUP 832 SPIRAL NOODLES <b>or</b> 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>9/14/2020</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 867 GARDEN PEAS 866 ROASTED SWEET POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/15/2020</p> <p>835 FISH STICKS (2 serv/cont) 859 CORN &amp; CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/16/2020</p> <p>831 WG ROTINI BAKE W/MEAT CRUMBLES &amp; CHEESE (2 serv/cont) 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/17/2020</p> <p>828 MEATLOAF WITH GRAVY (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 865 CHEESY CAULIFLOWER 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/18/2020</p> <p>856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>9/21/2020</p> <p>857 SLOPPY JOE 864 DICED CARROTS <b>or</b> 611 BABY CARROTS PACK 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>9/22/2020</p> <p>839 WG MACARONI &amp; CHEESE 817 BROCCOLI 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/23/2020</p> <p>830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/24/2020</p> <p>844 WG BREADED CRISPY CHICKEN TENDERS (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 815 MIXED VEGETABLES 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/25/2020</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <b>or</b> 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD <b>or</b> 869 POTATO ROUNDS 697 BAGGED APPLE SLICES 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

**MENU SUBJECT TO CHANGE**

**WG = WHOLE GRAIN-RICH**

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