

# SEPTEMBER 2020 CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served at every Lunch!**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>8/31/2020</b> 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 630 100% DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	<b>9/1/2020</b> 261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	<b>9/2/2020</b> 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 632 100% WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	<b>9/3/2020</b> 205 WG POPCORN CHICKEN 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	<b>9/4/2020</b> 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
<b>9/7/2020</b>  <b>Labor Day</b>	<b>9/8/2020</b> 251 WG BAKED CHICKEN NUGGETS 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	<b>9/9/2020</b> 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	<b>9/10/2020</b> 261 SOY BUTTER & JELLY WG SANDWICH 631 100% CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	<b>9/11/2020</b> 241 TURKEY HAM & AMERICAN CHEESE ON WG CROISSANT 632 100% WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK
<b>9/14/2020</b> 242 CHICKEN, TURKEY HAM & TWO CHEESE WG WEDGE SANDWICH 630 100% DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	<b>9/15/2020</b> 272 FOUR CHEESE WG PANINI 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK	<b>9/16/2020</b> 205 WG POPCORN CHICKEN 632 100% WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	<b>9/17/2020</b> 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	<b>9/18/2020</b> 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
<b>9/21/2020</b> 251 WG BAKED CHICKEN NUGGETS 631 100% CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	<b>9/22/2020</b> 272 FOUR CHEESE WG PANINI 632 100% WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	<b>9/23/2020</b> 240 TURKEY BOLOGNA & AMERICAN CHEESE ON WG SUB BUN 630 100% DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	<b>9/24/2020</b> 238 TURKEY BREAST & AMERICAN CHEESE ON WG CROISSANT 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	<b>9/25/2020</b> 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

*MENU SUBJECT TO CHANGE*

**WG = WHOLE GRAIN-RICH**

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

**REMINDER! Water must be OFFERED every day!**

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