

Summer Splash



As August begins, our team is proud to say that as of August 20th, NDS summer sites have collectively served over 710,000 meals! As we approach the end of the Summer Meals Program, we hope to both prepare all of our sites to finish the program successfully and reflect on some highlights from the summer so far.

This issue will feature our Kindness Contest winners as well as some resources and tips for a great transition into the fall season! A big thank you for participating with NDS this summer!



Kindness Contest

Thank you to all of our Summer Meals participants who submitted entries for this year's Kindness Contest! The Kindness Counts Contest encouraged children to promote kindness through a Creative Writing and/or a Creative Poster. Children described what it means to be kind and how kindness can make a difference. Check out this year's winners below!

5-8 year old category:

- Michaela J. (age 7) – Salem Baptist Church
- Kendall C. (age 3) – Fathers House of Prayer Mission Baptist Church
- Yeadon Public Library
- Ellen (age 8)- Holy Redeemer
- Lenny L. (age 8)- Holy Redeemer
- Lee (age 9) – Holy Redeemer

9 & Older Category:

- Zoi M.- Salem Baptist
- Paige M. (age 17) salem Baptist
- Michelle Q.(age 13) – Holy Redeemer
- Jordan A. (age 11) – Salem Baptist Church
- Gabrielle W. (age 11)- Salem Baptist Church
- Unique A. (age 10)

Our Site-Wide Winners: YWCA Creekside, YWCA Bucks Meadow, & Snyder-Girotti School!



YWCA Bucks Meadow purchased back to school supplies with their winnings! Thank you again for your participation & partnership!

PCCY Children's Health Programs

Health and nutrition are key for children at all times of year, but especially when heading back to school in the fall!

Here are some resources to help kids succeed in the new school year.

Call the PCCY Hotline!

The PCCY Child HealthWatch Helpline can help you apply for health insurance, find a health care provider, and receive help with insurance issues.

215-563-5848 x17



Give Kids a Smile Day

Save the Date! Free dental care for children 1-18 years old at participating dental offices in Philadelphia & the surrounding counties. This event will be in

April 2020

Visit pccy.org/smileday for more information, exact date still to be announced.



Give Kids Sight Day

**Saturday, October 5, 2019 8:30am - 1:00pm
Jefferson Alumni Hall at 1020 Locust Street.**

Free eye care, including a free eye exam, will be given to all children 17 and younger from Philadelphia and the surrounding areas. These services are available to children who have not had/have not passed an eye exam, and health insurance is not necessary to participate. A parent or guardian must be present.

Visit pccy.org/sightday for more information.



Time to Head Back to School!



Back 2 School Event 2019

August 22, 2019 8:00 am -3:00 pm

School of the Future

4021 Parkside Ave

Philadelphia, PA 19104

This event, put on by the School District of Philadelphia, will have over 100 vendors, free hair cuts, on-site kindergarten registration, and backpack giveaways while supplies last.

Visit philasd.org/FACE for more information.



Don't forget about Breakfast!

Studies show that children who eat a nutritious breakfast function better and pay more attention throughout the school day. They also have better concentration and more energy. Kick off the school year strong with breakfast every morning!



It's not too late to sign up for the other meal programs offered by NDS!

The **After School Meal Program** provides free, nutritious meals to after school enrichment programs in the five-county area.

Call (215)-895-3470, option 4 for more information.

NDS also partners with licensed child care centers through the **Child Care Meals Program** to provide meals to young children.

Call (215)-895-3470, option 2 for more information.