**Monday**

- 210 Crispy Chicken Filet & 914 Hamburger Bun
- 217 Teriyaki Chicken with Brown Rice & 908 Dinner Roll
- 629 Corn & Carrots
- 632 Mango Mango Vegetable Juice
- 690 Apple Crisps

**Tuesday**

- 221 Two Cheese Chicken Quesadilla
- 215 Beef & Cheese Taco
- 636 Fiesta Corn
- 630 Dragon Punch Vegetable Juice
- 658 Cherry Craisins

**Wednesday**

- 200 Hamburger
- 201 Cheeseburger
- 603 Maple Baked Beans
- 611 Bagged Baby Carrots
- 670 Fresh Fruit
- 914 Hamburger Bun

**Thursday**

- 204 Parmesan Chicken & 914 Hamburger Bun
- 234 Chicken Tenders with Potato Wedges
- 624 Garlic Green Beans
- 670 Fresh Fruit
- 928 Goldfish Pretzels

**Friday**

- 263 5” Round Cheese Pizza
- 264 4x6” Cheese Pizza
- 706 Romaine Salad with Cherry Tomatoes
- 750 Apple Juice

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**Easter Monday**

- 253 Hot Dog with French Fries & 907 Hamburger Bun
- 269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds
- 603 Maple Baked Beans
- 749 Apple-Cherry Juice
- 928 Goldfish Pretzels

**Holy Thursday**

- 270 Rotini Bake
- 274 Curly Cheesy Lasagna
- 753 Orange Juice
- 903 Maple Biscuit
- 908 Dinner Roll

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**PLEASE READ CAREFULLY**

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.
April 2020

Dear Parents, Students and Caregivers,
Spring has sprung! With warming weather, we think about spending time outside with friends and family. NDS is looking forward to the Summer Meals Program that feeds thousands of children throughout the summer!
-NDS staff

Summer Meals Program for Children
"Food That’s in When School is Out!"

When school is out for the summer, students do not have access to a healthy school breakfast and lunch every day. Fortunately, hundreds of locations in Philadelphia and the surrounding counties fill this gap by offering meals at no cost to children and teens ages 18 and under, so they can have a happy and healthy summer!

Can I start a summer meals site in my community?
Now is the time to contact NDS to see if your organization qualifies to serve summer meals at no cost to children ages 18 and under! The summer meals program is a federally-funded child nutrition program that provides children with a daily nutritious lunch and either breakfast or snack.
Call 215-895-3470, Option 1 to learn more!

How do I find my nearest summer meals site?
Starting in June when school is out, you can:
- Call the toll-free Philly Summer Meals Hotline: 855-252-MEAL (6325)
- Text "FOOD" to 877877
- Visit the searchable map at http://www.hungercoaltion.org/summermeals

Every Kid Healthy Week!
April 20-24th
Every Kid Healthy Week encourages good nutrition at home and school, physical activity, and healthy habits. In anticipation of this exciting week, reviewing your school wellness policy can help to generate event ideas. This week is a great time to bring the community together and celebrate the dedication your school has to improving health and wellness for students!
For more information about your school’s wellness policy, please visit the NDS website.

The bunnies are ready for lunch! Can you help the bunnies get to their meals?

Risen Jesus, Your gift of new life calls us to rejoice. As we welcome the flowers that bloom and hear the birds singing again, we also give You praise. Help us to live our lives in praise of You by sharing the good news of this new life. Amen