




# OCTOBER 2019 CHILD CARE SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9/30/2019</p> <p>936 WG VANILLA BEAR GRAHAMS 138 BLUEBERRY YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p>	<p>10/1/2019</p> <p>988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK <i>IF SERVING THE SOY BUTTER CUP, BOTH THE GRAIN AND THE SOY BUTTER CUP NEED TO BE SERVED.</i></p>	<p>10/2/2019</p> <p>931 WHOLE GRAIN ANIMAL CRACKERS 136 VANILLA YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> <p><b>FOOD ORDER DUE - WEEK OF 10/21</b></p>	<p>10/3/2019</p> <p>927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 748 GRAPE JUICE (4 OUNCE) 441 GRAPE JUICE (6 OUNCE)</p> 	<p>10/4/2019</p> <p>930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 940 PRETZELS &amp; CHEDDAR SUNCHIPS MIX 750 APPLE JUICE (4 OUNCE) 440 APPLE JUICE (6 OUNCE) <i>or</i> 546 CHEESY PIZZA HUMMUS <i>IF SERVING THE HUMMUS, BOTH THE GRAIN AND THE HUMMUS NEED TO BE SERVED.</i></p>
<p>10/7/2019</p> <p>937 WG APPLE CINNAMON BEAR GRAHAMS 133 STRAWBERRY BANANA YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p>	<p>10/8/2019</p> <p>989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK <i>IF SERVING THE SOY BUTTER CUP, BOTH THE GRAIN AND THE SOY BUTTER CUP NEED TO BE SERVED.</i></p>	<p>10/9/2019</p> <p>935 WG ALL SPORTS GRAHAMS 134 CHERRY VANILLA YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> <p><b>FOOD ORDER DUE - WEEK OF 10/28</b></p>	<p>10/10/2019</p> <p>928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 752 FRUIT JUICE BLEND (4 OUNCE) 444 FRUIT JUICE BLEND (6 OUNCE)</p>	<p>10/11/2019</p> <p>938 WG SAVORY BITES WHEAT CRACKERS <i>or</i> 926 GARDEN SALSA SUNCHIPS 749 APPLE CHERRY JUICE (4 OUNCE) 440 APPLE JUICE (6 OUNCE) <i>or</i> 139 CHEDDAR CHEESE CUP <i>IF SERVING THE CHEDDAR CHEESE CUP, BOTH THE GRAIN AND THE CHEDDAR CHEESE CUP NEED TO BE SERVED.</i></p>
<p>10/14/2019</p> <p>931 WHOLE GRAIN ANIMAL CRACKERS 137 PEACH YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> <p><b>Columbus Day</b></p>	<p>10/15/2019</p> <p>988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK <i>IF SERVING THE SOY BUTTER CUP, BOTH THE GRAIN AND THE SOY BUTTER CUP NEED TO BE SERVED.</i></p>	<p>10/16/2019</p> <p>934 WG DINO BITES GRAHAMS 136 VANILLA YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> <p><b>FOOD ORDER DUE - WEEK OF 11/4</b></p>	<p>10/17/2019</p> <p>928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 753 ORANGE JUICE (4 OUNCE) 442 ORANGE JUICE (6 OUNCE)</p>	<p>10/18/2019</p> <p>930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 942 MULTIGRAIN SUNCHIPS 752 FRUIT JUICE BLEND (4 OUNCE) 444 FRUIT JUICE BLEND (6 OUNCE) <i>or</i> 543 RED PEPPER HUMMUS <i>IF SERVING THE HUMMUS, BOTH THE GRAIN AND THE HUMMUS NEED TO BE SERVED.</i></p>
<p>10/21/2019</p> <p>929 WG KEEBLER CINNAMON ELF GRAHAMS 133 STRAWBERRY BANANA YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> 	<p>10/22/2019</p> <p>989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK <i>IF SERVING THE SOY BUTTER CUP, BOTH THE GRAIN AND THE SOY BUTTER CUP NEED TO BE SERVED.</i></p>	<p>10/23/2019</p> <p>936 WG VANILLA BEAR GRAHAMS 138 BLUEBERRY YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> <p><b>FOOD ORDER DUE - WEEK OF 11/11</b></p>	<p>10/24/2019</p> <p>927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 752 FRUIT JUICE BLEND (4 OUNCE) 444 FRUIT JUICE BLEND (6 OUNCE)</p>	<p>10/25/2019</p> <p>938 WG SAVORY BITES WHEAT CRACKERS <i>or</i> 939 HEARTZELS PRETZELS 750 APPLE JUICE (4 OUNCE) 440 APPLE JUICE (6 OUNCE) <i>or</i> 139 CHEDDAR CHEESE CUP <i>IF SERVING THE CHEDDAR CHEESE CUP, BOTH THE GRAIN AND THE CHEDDAR CHEESE CUP NEED TO BE SERVED.</i></p>
<p>10/28/2019</p> <p>935 WG ALL SPORTS GRAHAMS 134 CHERRY VANILLA YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p>	<p>10/29/2019</p> <p>988 WG CINNAMON GRAHAM CRACKERS 117 SOY BUTTER CUP <i>or</i> 100 WHITE MILK <i>IF SERVING THE SOY BUTTER CUP, BOTH THE GRAIN AND THE SOY BUTTER CUP NEED TO BE SERVED.</i></p>	<p>10/30/2019</p> <p>934 WG DINO BITES GRAHAMS 137 PEACH YOGURT</p> <p><i>BOTH THE GRAIN AND THE YOGURT NEED TO BE SERVED TO THE CHILDREN.</i></p> <p><b>FOOD ORDER DUE - WEEK OF 11/18</b></p>	<p>10/31/2019</p> <p>928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 749 APPLE CHERRY JUICE (4 OUNCE) 440 APPLE JUICE (6 OUNCE)</p>  <p><b>Halloween</b></p>	<p>11/1/2019</p> <p>930 WG CHEEZ-IT BAKED CRACKERS <i>or</i> 924 HARVEST CHEDDAR SUNCHIPS 748 GRAPE JUICE (4 OUNCE) 441 GRAPE JUICE (6 OUNCE) <i>or</i> 546 CHEESY PIZZA HUMMUS <i>IF SERVING THE HUMMUS, BOTH THE GRAIN AND THE HUMMUS NEED TO BE SERVED.</i></p> <p><b>All Saints Day</b></p>

: YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK, I.E. GRAIN WITH YOGURT, SOY BUTTER CUP, HUMMUS OR CHEDDAR CHEESE CUP.

SERVE 4 OUNCE JUICE TO CHILDREN AGES 1 THROUGH 5. SERVE 6 OUNCE JUICE TO CHILDREN AGE 6 & OLDER.  
REMINDER! Water must be OFFERED every day!

**MENU SUBJECT TO CHANGE**  
Nutritional Development Services - Archdiocese of Philadelphia

WG = WHOLE GRAIN-RICH

