

September 2019

Winning Slogan: "Great Food, Awesome School, Healthy You!" by Oliva, grade 5, from St. Francis of Assisi

LUNCH
Elementary



Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.



PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

Labor Day

2

Tuesday

200 Hamburger **OR**
201 Cheesburger
603 Maple Baked Beans
631 Cherry Star Vegetable Juice
608 Dole Tropical Fruit Cup
914 Hamburger Bun

3

Wednesday

289 Pancakes with Sausage **OR**
210 Crispy Chicken Filet
634 Hash Browns
630 Dragon Punch Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

4

Thursday

263 5" Round Cheese **OR**
264 4x6" Cheese Pizza
635 Calypso Crush Vegetable Juice
752 Fruit Punch Juice

5

Friday

215 Beef & Cheese Taco **OR**
251 Chicken Nuggets
611 Bagged Baby Carrots
540 Garlic Hummus
659 Watermelon Craisins

6

274 Curly Cheesy Lasagna **OR**
273 Rotini Bake
749 Apple-Cherry Juice
908 Dinner Roll **OR**
903 Maple Biscuit

9

205 Popcorn Chicken
704 French Fries
685 Rosati "American Hero" Water Ice
932 Cinnamon Scooby Snacks

10

255 Cheese Stuffed Breadsticks
622 Marinara
631 Cherry Star Vegetable Juice
670 Fresh Fruit

11

227 BBQ Chicken & Cheese Wrap **OR**
226 Philly Cheesesteak Pinwheel
708 Romaine Salad with Cherry Tomatoes
670 Fresh Fruit
929 Cinnamon Elf Grahams

12

253 Hot Dog with French Fries
603 Maple Baked Beans
699 Strawberry Cup
907 Hot Dog Bun

13

220 Taco Meat & 941 Tostitos Scoops **OR**
207 Rib-B-Que & 914 Hamburger Bun
639 Corn
631 Cherry Star Vegetable Juice
658 Cherry Craisins

16

233 Popcorn Chicken with Sweet & Sour Broccoli **OR**
204 Chicken Parmesan
627 Green Beans
670 Fresh Fruit
914 Hamburger Bun **OR**
904 Wheat Bread

17

272 Four Cheese Panini **OR**
265 Chicken Ranch Flatbread
611 Bagged Baby Carrots
546 Cheesy Pizza Hummus
670 Fresh Fruit

18

251 Chicken Nuggets **OR**
275 BBQ Chicken Filet
704 French Fries
608 Dole Tropical Fruit Cup
914 Hamburger Bun

19

263 5" Round Cheese Pizza **OR**
264 4x6" Cheese Pizza
706 Romaine Salad with Spinach & Chickpeas
752 Fruit Punch Juice

20

253 Hot Dog with French Fries **OR**
294 Meatballs with Sauce
630 Dragon Punch Vegetable Juice
685 Rosati "American Hero" Water Ice
907 Hot Dog Bun

23

215 Beef & Cheese Taco **OR**
210 Crispy Chicken Filet & 914 Hamburger Bun
639 Corn
631 Cherry Star Vegetable Juice
670 Fresh Fruit

24

271 Spaghetti & Meatballs **OR**
292 Penne Pasta with Meat Sauce
752 Fruit Punch Juice
908 Dinner Roll **OR**
903 Maple Biscuit

25

269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds **OR**
234 Chicken Tenders with Potato Wedges
611 Bagged Baby Carrots
541 Chocolate Hummus
699 Strawberry Cup
928 Goldfish Pretzels

26

227 BBQ Chicken & Cheese Wrap **OR**
223 Veggie Pinwheel
706 Romaine Salad with Spinach & Chickpeas
749 Apple-Cherry Juice

27



30

