




SEPTEMBER 2019 - CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served every day at Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9/2/2019</p>  <p>Labor Day</p>	<p>9/3/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/4/2019</p> <p>250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 604 DUTCH POTATO SALAD 670 FRESH FRUIT 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 9/23</p>	<p>9/5/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK</p>	<p>9/6/2019</p> <p>239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>
<p>9/9/2019</p> <p>227 BBQ CHICKEN & CHEESE WG WRAP 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK</p> 	<p>9/10/2019</p> <p>251 WG BAKED CHICKEN NUGGETS 630 DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>9/11/2019</p> <p>239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 632 WANGO MANGO VEGETABLE JUICE 697 BAGGED APPLE SLICES 100 WHITE MILK</p> <p>Patriot Day</p> <p>FOOD ORDER DUE - WEEK OF 9/30</p>	<p>9/12/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK</p>	<p>9/13/2019</p> <p>410 TOASTED CHEESE WG SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>
<p>9/16/2019</p> <p>250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>	<p>9/17/2019</p> <p>410 TOASTED CHEESE WG SANDWICH 631 CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>	<p>9/18/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 10/7</p>	<p>9/19/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>9/20/2019</p> <p>239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK</p> 
<p>9/23/2019</p> <p>251 WG BAKED CHICKEN NUGGETS 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>Start of Fall</p>	<p>9/24/2019</p> <p>410 TOASTED CHEESE WG SANDWICH 632 WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>	<p>9/25/2019</p> <p>227 BBQ CHICKEN & CHEESE WG WRAP 604 DUTCH POTATO SALAD 670 FRESH FRUIT 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 10/14</p>	<p>9/26/2019</p> <p>239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>9/27/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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