





SEPTEMBER 2019 - CHILD CARE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9/2/2019</p>  <p>Labor Day</p> <p>9/9/2019</p> <p>342 CHEERIOS CEREAL 609 DOLE MIXED FRUIT CUP 100 WHITE MILK</p>	<p>9/3/2019</p> <p>339 WG CRANBERRY ORANGE MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>	<p>9/4/2019</p> <p>337 EGGO BITES WG MINI BLUEBERRY PANCAKES 644 DOLE DICED PEARS CUP 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 9/23</p>	<p>9/5/2019</p> <p>349 CORN CHEX CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK</p> 	<p>9/6/2019</p> <p>332 WG APPLE CINNAMON MUFFIN 670 FRESH FRUIT 100 WHITE MILK</p>
<p>9/9/2019</p> <p>342 CHEERIOS CEREAL 609 DOLE MIXED FRUIT CUP 100 WHITE MILK</p>	<p>9/10/2019</p> <p>330 WG BLUEBERRY MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK</p> 	<p>9/11/2019</p> <p>343 RICE CHEX CEREAL 670 FRESH FRUIT 100 WHITE MILK</p> <p>Patriot Day</p> <p>FOOD ORDER DUE - WEEK OF 9/30</p>	<p>9/12/2019</p> <p>802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 904 1/2 SLICE WHEAT BREAD+++ 634 HASH BROWNS (individual package) 100 WHITE MILK</p>	<p>9/13/2019</p> <p>366 WG BLUEBERRY SLICED BAGEL or 331 WG CORN MUFFIN 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK</p>
<p>9/16/2019</p> <p>345 HONEY SCOOTERS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK</p>	<p>9/17/2019</p> <p>335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK</p>	<p>9/18/2019</p> <p>306 PILLSBURY WG APPLE BAKED FRUDEL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 10/7</p>	<p>9/19/2019</p> <p>339 WG CRANBERRY ORANGE MUFFIN 644 DOLE DICED PEARS CUP 100 WHITE MILK</p>	<p>9/20/2019</p> <p>347 CINNAMON CHEX CEREAL 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>
<p>9/23/2019</p> <p>317 EGG & CHEESE ON ENGLISH MUFFIN 609 DOLE MIXED FRUIT CUP 100 WHITE MILK</p> <p>Start of Fall</p>	<p>9/24/2019</p> <p>346 CINNAMON TOAST CRUNCH CEREAL 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK</p>	<p>9/25/2019</p> <p>367 WG CINNAMON RAISIN SLICED BAGEL or 332 WG APPLE CINNAMON MUFFIN 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 10/14</p>	<p>9/26/2019</p> <p>342 CHEERIOS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>	<p>9/27/2019</p> <p>330 WG BLUEBERRY MUFFIN 670 FRESH FRUIT 100 WHITE MILK</p> 

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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