


















SEPTEMBER 2019 AFTERSCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9/2/2019</p>  <p>Labor Day 9/9/2019</p> <p>941 TOSTITOS SCOOPS 440 APPLE JUICE (6 OUNCE)</p> 	<p>9/3/2019</p> <p>930 WG CHEEZ-IT BAKED CRACKERS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/4/2019</p> <p>939 HEARTZELS PRETZELS 444 FRUIT JUICE BLEND (6 OUNCE)</p> <p style="text-align: center;">FOOD ORDER DUE - WEEK OF 9/23</p>	<p>9/5/2019</p> <p>988 WG CINNAMON GRAHAM CRACKERS 136 VANILLA YOGURT</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/6/2019</p> <p>942 MULTIGRAIN SUNCHIPS 126 LAND O LAKES CO-JACK CHEESE STICK</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>
<p>9/9/2019</p> <p>941 TOSTITOS SCOOPS 440 APPLE JUICE (6 OUNCE)</p> 	<p>9/10/2019</p> <p>927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/11/2019</p> <p>926 GARDEN SALSA SUNCHIPS 441 GRAPE JUICE (6 OUNCE)</p> <p style="text-align: center;">FOOD ORDER DUE - WEEK OF 9/30</p>	<p>9/12/2019</p> <p>989 WHOLE GRAIN HONEY GRAHAM CRACKERS 117 SOY BUTTER CUP</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/13/2019</p> <p>931 WHOLE GRAIN ANIMAL CRACKERS 133 STRAWBERRY BANANA YOGURT</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>
<p>9/16/2019</p> <p>928 PEPPERIDGE FARM WG GOLDFISH PRETZELS 442 ORANGE JUICE (6 OUNCE)</p> 	<p>9/17/2019</p> <p>940 PRETZELS & CHEDDAR SUNCHIPS MIX 126 LAND O LAKES CO-JACK CHEESE STICK</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/18/2019</p> <p>988 WG CINNAMON GRAHAM CRACKERS 444 FRUIT JUICE BLEND (6 OUNCE)</p> <p style="text-align: center;">FOOD ORDER DUE - WEEK OF 10/7</p>	<p>9/19/2019</p> <p>930 WG CHEEZ-IT BAKED CRACKERS 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/20/2019</p> <p>929 WG KEEBLER CINNAMON ELF GRAHAMS 138 BLUEBERRY YOGURT</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>
<p>9/23/2019</p> <p>923 FRENCH ONION SUNCHIPS 440 APPLE JUICE (6 OUNCE)</p> 	<p>9/24/2019</p> <p>938 WG SAVORY BITES WHEAT CRACKERS 117 SOY BUTTER CUP</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/25/2019</p> <p>939 HEARTZELS PRETZELS 441 GRAPE JUICE (6 OUNCE)</p> <p style="text-align: center;">FOOD ORDER DUE - WEEK OF 10/14</p>	<p>9/26/2019</p> <p>927 PEPPERIDGE FARM WG CHEDDAR GOLDFISH 126 LAND O LAKES CO-JACK CHEESE STICK</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>	<p>9/27/2019</p> <p>931 WHOLE GRAIN ANIMAL CRACKERS 137 PEACH YOGURT</p>  <p>**YOU ARE ENCOURAGED TO SERVE WATER ALONG WITH THIS SNACK</p>

****SERVE BOTH ITEMS TOGETHER, GRAIN WITH YOGURT, CHEESE OR SOY BUTTER CUP**

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WG = WHOLE GRAIN-RICH

MENU SUBJECT TO CHANGE

REMINDER! Water must be OFFERED every day!