




# SEPTEMBER 2019 AFTERSCHOOL COLD SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9/2/2019</p>  <p><b>Labor Day</b></p> <p>2407</p>	<p>9/3/2019</p> <p>136 VANILLA YOGURT 128 GOLDEN DELUXE TRAIL MIX 670 FRESH FRUIT 630 DRAGON PUNCH VEGETABLE JUICE 922 BAGGED WG PREMIUM GRANOLA 100 WHITE MILK</p> <p>2407</p>	<p>9/4/2019</p> <p>242 DELI WEDGE SANDWICH 611 <b>BABY CARROTS PACK</b> 604 <b>DUTCH POTATO SALAD</b> 943 RANCH DRESSING 100 WHITE MILK</p> <p>2415</p> <p><b>FOOD ORDER DUE - WEEK OF 9/23</b></p>	<p>9/5/2019</p> <p>239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 963 MUSTARD 100 WHITE MILK</p> <p>2420</p>	<p>9/6/2019</p> <p>139 CHEDDAR CHEESE CUP 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 620 RED GOLD SALSA CUP 697 <b>BAGGED APPLE SLICES</b> 941 TOSTITOS SCOOPS 100 WHITE MILK</p> <p>2413</p>
<p>9/9/2019</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 130 SUNFLOWER KERNELS 683 UNSWEETENED APPLESAUCE CUP 611 <b>BABY CARROTS PACK</b> 331 WG CORN MUFFIN 943 RANCH DRESSING 100 WHITE MILK</p> <p>2402</p>	<p>9/10/2019</p> <p>134 CHERRY VANILLA YOGURT 128 GOLDEN DELUXE TRAIL MIX 670 FRESH FRUIT 635 CALYPSO CRUSH VEGETABLE JUICE 349 CORN CHEX CEREAL 100 WHITE MILK</p>  <p>2407</p>	<p>9/11/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 611 <b>BABY CARROTS PACK</b> 697 <b>BAGGED APPLE SLICES</b> 936 WG VANILLA BEAR GRAHAMS 961 KETCHUP 943 RANCH DRESSING 100 WHITE MILK</p> <p>2410</p> <p><b>Patriot Day</b></p> <p><b>FOOD ORDER DUE - WEEK OF 9/30</b></p>	<p>9/12/2019</p> <p>227 BBQ CHICKEN &amp; CHEESE WG WRAP 706 <b>ROMAINE SALAD WITH CHERRY TOMATOES</b> 670 FRESH FRUIT 953 FRENCH DRESSING 100 WHITE MILK</p> <p>2412</p>	<p>9/13/2019</p> <p>261 SOY BUTTER &amp; JELLY WG SANDWICH 684 MIXED BERRY APPLESAUCE CUP 630 DRAGON PUNCH VEGETABLE JUICE 100 WHITE MILK</p>  <p>2433</p>
<p>9/16/2019</p> <p>126 LAND O LAKES CO-JACK CHEESE STICK 543 RED PEPPER HUMMUS 683 UNSWEETENED APPLESAUCE CUP 611 <b>BABY CARROTS PACK</b> 942 MULTIGRAIN SUNCHIPS 100 WHITE MILK</p> <p>2402</p>	<p>9/17/2019</p> <p>133 STRAWBERRY BANANA YOGURT 128 GOLDEN DELUXE TRAIL MIX 670 FRESH FRUIT 631 CHERRY STAR VEGETABLE JUICE 346 CINNAMON TOAST CRUNCH CEREAL 100 WHITE MILK</p> <p>2407</p>	<p>9/18/2019</p> <p>139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 684 MIXED BERRY APPLESAUCE CUP 620 RED GOLD SALSA CUP 941 TOSTITOS SCOOPS 100 WHITE MILK</p> <p>2413</p> <p><b>FOOD ORDER DUE - WEEK OF 10/7</b></p>	<p>9/19/2019</p> <p>249 TURKEY HAM, TURKEY PEPPERONI &amp; AMERICAN CHEESE ON WG BUN 611 <b>BABY CARROTS PACK</b> 696 RAISINS 963 MUSTARD 943 RANCH DRESSING 100 WHITE MILK</p> <p>2437</p>	<p>9/20/2019</p> <p>235 AMERICAN CHEESE ON WG BREAD 670 FRESH FRUIT 630 DRAGON PUNCH VEGETABLE JUICE 963 MUSTARD 100 WHITE MILK</p> <p>2419</p>
<p>9/23/2019</p> <p>118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 132 DRY ROASTED ORGANIC PUMPKIN SEEDS 683 UNSWEETENED APPLESAUCE CUP 611 <b>BABY CARROTS PACK</b> 330 WG BLUEBERRY MUFFIN 943 RANCH DRESSING 100 WHITE MILK</p> <p>2402</p>	<p>9/24/2019</p> <p>138 BLUEBERRY YOGURT 128 GOLDEN DELUXE TRAIL MIX 670 FRESH FRUIT 631 CHERRY STAR VEGETABLE JUICE 345 HONEY SCOOTERS CEREAL 100 WHITE MILK</p> <p>2407</p>	<p>9/25/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 604 <b>DUTCH POTATO SALAD</b> 640 <b>FRESH RED SEEDLESS GRAPES</b> 937 WG APPLE CINNAMON BEAR GRAHAMS 965 HONEY MUSTARD 100 WHITE MILK</p> <p>2410</p> <p><b>FOOD ORDER DUE - WEEK OF 10/14</b></p>	<p>9/26/2019</p> <p>139 CHEDDAR CHEESE CUP 129 HONEY ROASTED SUNFLOWER KERNELS 670 FRESH FRUIT 620 RED GOLD SALSA CUP 941 TOSTITOS SCOOPS 100 WHITE MILK</p> <p>2413</p>	<p>9/27/2019</p> <p>117 SOY BUTTER CUP 118 LAND O LAKES LIGHT MOZZARELLA STRING CHEESE 630 DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 368 WG WHITE SLICED BAGEL 100 WHITE MILK</p> <p>2406</p>

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**MEALS HIGHLIGHTED CONTAIN FRESH PACKAGED ITEMS AND CANNOT BE CHANGED OR CANCELLED.**

**Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served.**

**REMINDER! Water must be OFFERED every day!**

**MENU SUBJECT TO CHANGE**

