



June/July 2019



Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<p>June 10</p> <p>323 Apple Cinnamon Muffin 752 Fruit Punch Juice 647 Dole Mandarin Orange Cup</p> <p>June 17</p> <p>323 Apple Cinnamon Muffin 752 Fruit Punch Juice 647 Dole Mandarin Orange Cup</p> <p>June 24</p> <p>334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 748 Grape Juice</p> <p>July 1</p> <p>334 Cinnamon Toast Crunch Cereal 749 Apple-Cherry Juice 670 Fresh Fruit</p> <p>July 8</p> <p>323 Apple Cinnamon Muffin 752 Fruit Punch Juice 647 Dole Mandarin Orange Cup</p> <p>July 15</p> <p>334 Cinnamon Toast Crunch Cereal 670 Fresh Fruit 748 Grape Juice</p>	<p>June 11</p> <p>328 Chocolate Chip Muffin 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup</p> <p>June 18</p> <p>309 Apple Jammer Stick 753 Orange Juice 658 Cherry Craisins</p> <p>June 25</p> <p>327 Pillsbury Maple Mini Waffles 609 Dole Mixed Fruit Cup 749 Apple-Cherry Juice</p> <p>July 2</p> <p>328 Chocolate Chip Muffin 752 Fruit Punch Juice 608 Dole Tropical Fruit Cup</p> <p>July 9</p> <p>309 Apple Jammer Stick 753 Orange Juice 658 Cherry Craisins</p> <p>July 16</p> <p>327 Pillsbury Maple Mini Waffles 609 Dole Mixed Fruit Cup 749 Apple-Cherry Juice</p>	<p>June 12</p> <p>370 Apple Fruit Pocket 753 Orange Juice 658 Cherry Craisins</p> <p>June 19</p> <p>325 Cinnamon Chex Cup 670 Fresh Fruit 631 Cherry Star Vegetable Juice</p> <p>June 26</p> <p>350 Apple Cinnamon Cheerios Cereal Bar 699 Strawberry Cup 752 Fruit Punch Juice</p> <p>July 3</p> <p>370 Apple Fruit Pocket 753 Orange Juice 658 Cherry Craisins</p> <p>July 10</p> <p>325 Cinnamon Chex Cup 670 Fresh Fruit 631 Cherry Star Vegetable Juice</p> <p>July 17</p> <p>350 Apple Cinnamon Cheerios Cereal Bar 699 Strawberry Cup 752 Fruit Punch Juice</p>	<p>June 13</p> <p>329 Trix Cereal Bar 750 Apple Juice 670 Fresh Fruit</p> <p>June 20</p> <p>369 Pillsbury Berry Blast Mini French Toast 749 Apple-Cherry Juice 670 Fresh Fruit</p> <p>June 27</p> <p>304 Cinnamon Bagelful 697 Bagged Sliced Apples 753 Orange Juice</p> <p>July 4</p> <p>Independence Day</p> <p>July 11</p> <p>369 Pillsbury Berry Blast Mini French Toast 749 Apple-Cherry Juice 670 Fresh Fruit</p> <p>July 18</p> <p>304 Cinnamon Bagelful 697 Bagged Sliced Apples 753 Orange Juice</p>	<p>June 14</p> <p>367 Cinnamon Raisin Bagel 748 Grape Juice 697 Bagged Sliced Apples</p> <p>June 21</p> <p>366 Blueberry Bagel 684 Mixed Berry Applesauce 750 Apple Juice</p> <p>June 28</p> <p>313 Rebel Apple Delight Crumble 670 Fresh Fruit 750 Apple Juice</p> <p>July 5</p> <p>367 Cinnamon Raisin Bagel 748 Grape Juice 697 Bagged Sliced Apples</p> <p>July 12</p> <p>366 Blueberry Bagel 684 Mixed Berry Applesauce 750 Apple Juice</p> <p>July 19</p> <p>313 Rebel Apple Delight Crumble 670 Fresh Fruit 750 Apple Juice</p>

Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SummerMealsNDS

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www.nutritionaldevelopmentservices.org

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



July/August 2019



Breakfast

Monday

July 22

334 Cinnamon Toast Crunch Cereal
749 Apple-Cherry Juice
670 Fresh Fruit

July 29

323 Apple Cinnamon Muffin
752 Fruit Punch Juice
647 Dole Mandarin Orange Cup

August 5

334 Cinnamon Toast Crunch Cereal
670 Fresh Fruit
748 Grape Juice

August 12

334 Cinnamon Toast Crunch Cereal
749 Apple-Cherry Juice
670 Fresh Fruit

August 19

323 Apple Cinnamon Muffin
752 Fruit Punch Juice
647 Dole Mandarin Orange Cup

Tuesday

July 23

328 Chocolate Chip Muffin
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup

July 30

309 Apple Jammer Stick
753 Orange Juice
658 Cherry Craisins

August 6

327 Pillsbury Maple Mini Waffles
609 Dole Mixed Fruit Cup
749 Apple-Cherry Juice

August 13

328 Chocolate Chip Muffin
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup

August 20

309 Apple Jammer Stick
753 Orange Juice
658 Cherry Craisins

Wednesday

July 24

370 Apple Fruit Pocket
753 Orange Juice
658 Cherry Craisins

July 31

325 Cinnamon Chex Cup
670 Fresh Fruit
631 Cherry Star Vegetable Juice

August 7

350 Apple Cinnamon Cheerios Cereal Bar
699 Strawberry Cup
752 Fruit Punch Juice

August 14

370 Apple Fruit Pocket
753 Orange Juice
658 Cherry Craisins

August 21

325 Cinnamon Chex Cup
670 Fresh Fruit
631 Cherry Star Vegetable Juice

Thursday

July 25

329 Trix Cereal Bar
750 Apple Juice
670 Fresh Fruit

August 1

369 Pillsbury Berry Blast Mini French Toast
749 Apple-Cherry Juice
670 Fresh Fruit

August 8

304 Cinnamon Bagelful
697 Bagged Sliced Apples
753 Orange Juice

August 15

329 Trix Cereal Bar
750 Apple Juice
670 Fresh Fruit

August 22

369 Pillsbury Berry Blast Mini French Toast
749 Apple-Cherry Juice
670 Fresh Fruit

Friday

July 26

367 Cinnamon Raisin Bagel
748 Grape Juice
697 Bagged Sliced Apples

August 2

366 Blueberry Bagel
684 Mixed Berry Applesauce
750 Apple Juice

August 9

313 Rebel Apple Delight Crumble
670 Fresh Fruit
750 Apple Juice

August 16

367 Cinnamon Raisin Bagel
748 Grape Juice
697 Bagged Sliced Apples

August 23

366 Blueberry Bagel
684 Mixed Berry Applesauce
750 Apple Juice

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