



# May 2019



## Middle School


Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>29</b> 253 Hot Dog with French Fries OR 294 Meatballs with Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit 684 Mixed Berry Applesauce 907 Hot Dog Bun</p> <p><b>6</b> 294 Meatballs with Tomato Sauce &amp; 907 Hot Dog Bun OR 211 Sloppy Joe &amp; 902 Kaiser Roll 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 447 Mott's Apple White Grape Juice 990 Chocolate Chip Cookie</p> <p><b>13</b> 273 Rotini Bake OR 271 Spaghetti with Meatballs 609 Dole Mixed Fruit Cup 445 Mott's Fruit Punch 908 Dinner Roll OR 903 Maple Biscuits</p> <p><b>20</b> 204 Chicken Parmesan &amp; 902 Kaiser Roll OR 233 Popcorn Chicken with Sweet &amp; Sour Broccoli &amp; 904 Wheat Bread (2 Slices) 624 Garlic Green Beans 670 Fresh Fruit 446 Mott's Apple Juice</p> <p><b>27</b>  <b>Memorial Day</b></p>	<p><b>30</b> 480 Cheeseburger OR 481 Hamburger 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 446 Mott's Apple Juice 902 Kaiser Roll</p> <p><b>7</b> 233 Popcorn Chicken with Sweet &amp; Sour Broccoli 603 Maple Baked Beans 670 Fresh Fruit 608 Dole Tropical Fruit Cup 932 Cinnamon Scooby Snacks</p> <p><b>14</b> 226 Philly Cheesesteak Pinwheel OR 483 Chicken Nuggets 634 Hash Browns 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 446 Mott's Apple Juice 929 Cinnamon Elf Grahams</p> <p><b>21</b> 253 Hot Dog with French Fries 611 Bagged Baby Carrots 670 Fresh Fruit 445 Mott's Fruit Punch Juice 990 Chocolate Chip Cookie 907 Hot Dog Bun</p> <p><b>28</b> 226 Philly Cheesesteak Pinwheel OR 218 Mozzarella Pinwheel 704 French Fries 684 Mixed Berry Applesauce 445 Mott's Fruit Punch Juice 990 Chocolate Chip Cookie</p>	<p><b>1</b> 275 BBQ Chicken Fillet OR 485 Swiss Steak 611 Bagged Baby Carrots 541 Chocolate Hummus OR 546 Cheesy Pizza Hummus 670 Fresh Fruit 608 Dole Tropical Fruit Cup 902 Kaiser Roll</p> <p><b>8</b> 289 Pancakes with Sausage OR 482 Grilled Chicken Fillet &amp; 902 Kaiser Roll 634 Hash Browns 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples 609 Dole Mixed Fruit Cup</p> <p><b>15</b> 255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit 608 Dole Tropical Fruit Cup 932 Cinnamon Scooby Snacks</p> <p><b>22</b> 215 Beef &amp; Cheese Taco OR 482 Grilled Chicken Fillet &amp; 902 Kaiser Roll 639 Corn 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 608 Dole Tropical Fruit Cup</p> <p><b>29</b> 269 Mini Corn Dog with Chicken Nuggets &amp; Potato Wedges OR 234 Chicken Tenders with Potato Wedges 603 Maple Baked Beans 670 Fresh Fruit 447 Mott's Apple White Grape Juice 929 Cinnamon Elf Grahams</p>	<p><b>2</b> 264 4x6" Cheese Pizza OR 263 5" Round Cheese Pizza 634 Hash Browns 670 Fresh Fruit 695 Strawberry-Mango Sidekick</p> <p><b>9</b> 205 Popcorn Chicken 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit 445 Mott's Fruit Punch 929 Cinnamon Elf Grahams</p> <p><b>16</b> 217 Teriyaki Chicken with Brown Rice OR 252 Cheeseburger Macaroni 708 Romaine Salad with Spinach &amp; Chickpeas 670 Fresh Fruit 447 Mott's Apple White Grape Juice 908 Dinner Roll</p> <p><b>23</b> 263 5" Round Cheese Pizza OR 264 4x6" Cheese Pizza 706 Romaine Salad with Cherry Tomatoes 541 Chocolate Hummus 670 Fresh Fruit 445 Mott's Fruit Punch Juice 929 Cinnamon Elf Grahams</p> <p><b>30</b> 273 Rotini Bake OR 292 Penne Pasta with Meat Sauce 623 Broccoli 670 Fresh Fruit 609 Dole Tropical Fruit Cup 908 Dinner Rolls OR 901 Honey Biscuit</p>	<p><b>3</b> 272 Four Cheese Panini OR 203 Macaroni &amp; Cheese 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit 447 Mott's Apple White Grape Juice 941 Tostitos Scoops 620 Salsa</p> <p><b>10</b> 263 5" Round Cheese Pizza OR 264 4x6" Cheese Pizza 704 French Fries 670 Fresh Fruit 446 Mott's Apple Juice</p> <p><b>17</b> 234 Chicken Tenders with Potato Wedges OR 269 Mini Corn Dog with Chicken Nuggets &amp; Potato Wedges 603 Maple Baked Beans 670 Fresh Fruit 684 Mixed Berry Applesauce 992 Oatmeal Cookie</p> <p><b>24</b> 483 Chicken Nuggets OR 219 Turkey Pepperoni Pinwheel 603 Maple Baked Beans 631 Cherry Star Vegetable Juice 670 Fresh Fruit 647 Dole Mandarin Oranges Cup</p> <p><b>31</b> 255 Cheese Stuffed Breadsticks &amp; 622 Marinara Sauce OR 220 Taco Meat &amp; 944 Tostitos Top N' Go 630 Dragon Punch Vegetable Juice 608 Dole Tropical Fruit Cup 670 Fresh Fruit</p>

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**Archdiocese of Philadelphia**  
**222 N. 17th Street**  
**Philadelphia, PA 19103**  
**215-895-3470**

 SchoolMealsNDS

 NDSchoolLunchProgram

 SchoolMealsNDS

[www.nutritionaldevelopmentservices.org](http://www.nutritionaldevelopmentservices.org)

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.