
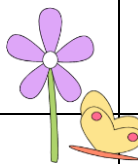







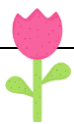




MAY 2019 AFTERSCHOOL HOT SUPPER MENU



Remember that at least one vegetable component **MUST** be served every day at Supper!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4/29/2019</p> <p>253 HOT DOG WITH FRENCH FRIES 628 MIXED VEGETABLES 907 WHEAT HOT DOG BUN 100 WHITE MILK</p> 	<p>4/30/2019</p> <p>200 HAMBURGER PATTY 636 FIESTA CORN 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>5/1/2019</p> <p>286 HOMESTYLE MEATLOAF W/GRAVY 610 MASHED POTATOES 670 FRESH FRUIT 904 WHEAT BREAD 100 WHITE MILK</p> <p>ORDER DUE FOR WEEK OF MAY 20</p>	<p>5/2/2019</p> <p>264 4" x 6" WHOLE GRAIN CHEESE PIZZA 606 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p> <p>National Day of Prayer</p>	<p>5/3/2019</p> <p>203 WG MACARONI & CHEESE 606 CHOPPED ROMAINE SALAD 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>
<p>5/6/2019</p> <p>294 MEATBALLS WITH TOMATO SAUCE 624 GARLIC BUTTER GREEN BEANS 670 FRESH FRUIT 907 WHEAT HOT DOG BUN 100 WHITE MILK</p> 	<p>5/7/2019</p> <p>233 SWEET & SOUR POPCORN CHICKEN WITH BROCCOLI 625 SWEET MAPLE CARROTS 904 WHEAT BREAD 100 WHITE MILK</p> <p>National Teacher Day</p>	<p>5/8/2019</p> <p>289 WG PANCAKES WITH SAUSAGE PATTY 634 HASH BROWNS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p> <p>ORDER DUE FOR WEEK OF MAY 27</p>	<p>5/9/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 904 WHEAT BREAD 100 WHITE MILK</p> 	<p>5/10/2019</p> <p>263 5" ROUND WG PIZZA 606 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p>
<p>5/13/2019</p> <p>271 WG SPAGHETTI AND MEATBALLS 623 BROCCOLI 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p> 	<p>5/14/2019</p> <p>251 WG BAKED CHICKEN NUGGETS 634 HASH BROWNS 670 FRESH FRUIT 904 WHEAT BREAD 100 WHITE MILK</p> 	<p>5/15/2019</p> <p>217 TERIYAKI GLAZED CHICKEN W/BROWN RICE 625 SWEET MAPLE CARROTS 670 FRESH FRUIT 100 WHITE MILK</p> <p>OEDER DUR FOR WEEK OF JUNE 3</p>	<p>5/16/2019</p> <p>255 CHEESE STUFFED BREADSTICKS 622 RED GOLD MARINARA SAUCE CUP 606 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p> 	<p>5/17/2019</p> <p>234 WG CHICKEN TENDERS WITH POTATO WEDGES 606 CHOPPED ROMAINE SALAD 904 WHEAT BREAD 100 WHITE MILK</p>
<p>5/20/2019</p> <p>204 CHICKEN PARMESAN 624 GARLIC BUTTER GREEN BEANS 684 MIXED BERRY APPLESAUCE CUP 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p> 	<p>5/21/2019</p> <p>253 HOT DOG WITH FRENCH FRIES 603 MAPLE BAKED BEANS 907 WHEAT HOT DOG BUN 100 WHITE MILK</p>	<p>5/22/2019</p> <p>210 WG CRISPY CHICKEN FILLET 639 CORN 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p> <p>ORDER DUE FOR WEEK OF JUNE 10</p>	<p>5/23/2019</p> <p>264 4" x 6" WHOLE GRAIN CHEESE PIZZA 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK</p>	<p>5/24/2019</p> <p>251 WG BAKED CHICKEN NUGGETS 628 MIXED VEGETABLES 606 CHOPPED ROMAINE SALAD 904 WHEAT BREAD 100 WHITE MILK</p> 
<p>5/27/2019</p> <p>Memorial Day</p>  <p>Memorial Day</p>	<p>5/28/2019</p> <p>226 WG PHILLY STEAK & CHEESE PINWHEEL 704 FRENCH FRIES 670 FRESH FRUIT 100 WHITE MILK</p>	<p>5/29/2019</p> <p>234 WG CHICKEN TENDERS WITH POTATO WEDGES 626 SWEET GARLIC BUTTER PEAS 904 WHEAT BREAD 100 WHITE MILK</p>	<p>5/30/2019</p> <p>273 WG ROTINI BAKE W/CHEESE & MEATSAUCE 623 BROCCOLI 606 CHOPPED ROMAINE SALAD 100 WHITE MILK</p>	<p>5/31/2019</p> <p>255 CHEESE STUFFED BREADSTICKS 622 RED GOLD MARINARA SAUCE CUP 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK</p> 

Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served. WG = WHOLE GRAIN-RICH MENU SUBJECT TO CHANGE

Nutritional Development Services - Archdiocese of Philadelphia
222 North 17th Street, Philadelphia, PA 19103
Phone: 215-895-3470, OPTION 4 - FAX: 215-895-0832 - AFTERSCHOOLMEALS@NDSARCH.ORG

REMINDER! Water must be OFFERED every day!

ITEMS HIGHLIGHTED CANNOT BE CHANGED OR CANCELLED

