





# JUNE 2019 - CHILD CARE HOT LUNCH MENU

**Remember that at least one vegetable component MUST be served every day at Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6/3/2019</p> <p>835 FISH STICKS 864 DICED CARROTS 868 MASHED SWEET POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 	<p>6/4/2019</p> <p>830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 825 GREEN BEANS 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/5/2019</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 812 CORN 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p><b>FOOD ORDER DUE - WEEK OF 6/24/2019</b></p>	<p>6/6/2019</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/7/2019</p> <p>839 WG MACARONI &amp; CHEESE 506 CHOPPED ROMAINE SALAD <b>or</b> 815 MIXED VEGETABLES 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 
<p>6/10/2019</p> <p>826 SALISBURY PATTY WITH GRAVY 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/11/2019</p> <p>834 CHICKEN ALFREDO 858 PEAS &amp; CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 	<p>6/12/2019</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 822 SPINACH 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p> <p><b>FOOD ORDER DUE - WEEK OF 7/1/2019</b></p>	<p>6/13/2019</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <b>or</b> 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD <b>or</b> 869 POTATO ROUNDS 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>6/14/2019</p> <p>849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD <b>or</b> 815 MIXED VEGETABLES 684 MIXED BERRY APPLESAUCE CUP 832 SPIRAL NOODLES <b>or</b> 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p><b>Flag Day</b></p>
<p>6/17/2019</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 867 GARDEN PEAS 861 AU GRATIN POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/18/2019</p> <p>272 FOUR CHEESE WG PANINI (individual package) 859 CORN &amp; CARROTS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>	<p>6/19/2019</p> <p>831 WG ROTINI BAKE W/MEAT CRUMBLES &amp; CHEESE (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p><b>FOOD ORDER DUE - WEEK OF 7/8/2019</b></p>	<p>6/20/2019</p> <p>835 FISH STICKS <b>or</b> 829 MEATLOAF WITH GRAVY 506 CHOPPED ROMAINE SALAD <b>or</b> 864 DICED CARROTS 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/21/2019</p> <p>856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 825 GREEN BEANS 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p><b>Start of Summer</b></p>
<p>6/24/2019</p> <p>837 MEATBALLS WITH SAUCE 822 SPINACH 670 FRESH FRUIT 832 SPIRAL NOODLES <b>or</b> 907 WHEAT HOT DOG BUN 100 WHITE MILK</p>	<p>6/25/2019</p> <p>839 WG MACARONI &amp; CHEESE 815 MIXED VEGETABLES 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 	<p>6/26/2019</p> <p>844 WG BREADED CRISPY CHICKEN TENDERS (2 serv/cont) 864 DICED CARROTS 604 DUTCH POTATO SALAD 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p><b>FOOD ORDER DUE - WEEK OF 7/15/2019</b></p>	<p>6/27/2019</p> <p>827 HAMBURGER PATTY 506 CHOPPED ROMAINE SALAD <b>or</b> 812 CORN 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>6/28/2019</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <b>or</b> 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD <b>or</b> 869 POTATO ROUNDS 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

**MENU SUBJECT TO CHANGE**

**WG = WHOLE GRAIN-RICH**

Nutritional Development Services-Archdiocese of Philadelphia, 222 N. 17th St., Philadelphia, PA 19103 Phone: 215-895-3470