





JUNE 2019 - CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served every day at Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6/3/2019</p> <p>235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 632 WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK</p>	<p>6/4/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/5/2019</p> <p>250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 6/24/2019</p>	<p>6/6/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK</p>	<p>6/7/2019</p> <p>237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 506 CHOPPED ROMAINE SALAD 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK</p> 
<p>6/10/2019</p> <p>227 BBQ CHICKEN & CHEESE WG WRAP 631 CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK</p> 	<p>6/11/2019</p> <p>251 WG BAKED CHICKEN NUGGETS 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/12/2019</p> <p>237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 632 WANGO MANGO VEGETABLE JUICE 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 7/1/2019</p>	<p>6/13/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>6/14/2019</p> <p>235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK</p> <p>Flag Day</p>
<p>6/17/2019</p> <p>250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESauce CUP 100 WHITE MILK</p>	<p>6/18/2019</p> <p>235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 631 CHERRY STAR VEGETABLE JUICE 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK</p>	<p>6/19/2019</p> <p>205 WHOLE GRAIN POPCORN CHICKEN 632 WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 7/8/2019</p>	<p>6/20/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK</p> 	<p>6/21/2019</p> <p>237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p> <p>Start of Summer</p>
<p>6/24/2019</p> <p>251 WG BAKED CHICKEN NUGGETS 631 CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESauce CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>6/25/2019</p> <p>235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK</p>	<p>6/26/2019</p> <p>227 BBQ CHICKEN & CHEESE WG WRAP 604 DUTCH POTATO SALAD 683 UNSWEETENED APPLESauce CUP 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 7/15/2019</p>	<p>6/27/2019</p> <p>237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 506 CHOPPED ROMAINE SALAD 697 BAGGED APPLE SLICES 100 WHITE MILK</p>	<p>6/28/2019</p> <p>261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 644 DOLE DICED PEARS CUP 100 WHITE MILK</p> 

+CHILDREN AGE 6 & ORDER MUST BE SERVED THE FULL CONTAINER OF RAINBOW BEAN SALAD

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

