**MAY 2019**

“Eat good food and be healthy and be strong and be good.” – Winning Slogan by Alina, grade 3 From St. Peter the Apostle School

### Monday
- **Goldfish Protein Pack**
- **Turkey and Cheese on Goldfish Bread**
- **Apple Slices**
- **Chilled Baby Carrots**
- **Cherry Star Vegetable Juice**
- **Dole Tropical Fruit Cup**

### Tuesday
- **Chipotle Turkey Wrap**
- **Fresh Fruit**
- **Three Bean Salad**
- **Calypso Crush Vegetable Juice**
- **Dole Mixed Fruit Cup**

### Wednesday
- **Turkey BLT Wrap**
- **Fresh Fruit**
- **Chilled Baby Carrots**
- **Cherry Star Vegetable Juice**
- **Bagged Apple Slices**

### Thursday
- **Chicken Caesar Wrap**
- **Fresh Fruit**
- **Tomato Salad**
- **Spinach & Chickpeas**
- **Mott’s Apple White Grape Juice**

### Friday
- **American Cheese Hoagie**
- **On a Whole Grain Roll**
- **Orange**
- **Chilled Black Bean & Corn Salad**
- **Romaine Salad with Cherry Tomatoes**
- **Mott’s Apple White Grape Juice**

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### PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.