




MAY 2019 - CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served every day at Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4/29/2019</p> <p>850 SWEET & SOUR CHICKEN WITH BROWN RICE (2 serv/cont) 864 DICED CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>4/30/2019</p> <p>830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>5/1/2019</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 812 CORN 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 5/20</p>	<p>5/2/2019</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 822 SPINACH 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>National Day of Prayer</p>	<p>5/3/2019</p> <p>839 WG MACARONI & CHEESE 506 CHOPPED ROMAINE SALAD or 815 MIXED VEGETABLES 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>5/6/2019</p> <p>826 SALISBURY PATTY WITH GRAVY 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>5/7/2019</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 822 SPINACH 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p> <p>National Teacher Day</p>	<p>5/8/2019</p> <p>834 CHICKEN ALFREDO W/WG PENNE PASTA (2 serv/cont) 858 PEAS & CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 5/27</p>	<p>5/9/2019</p> <p>264 (individual package) or 263 package) 506 CHOPPED ROMAINE SALAD or 869 POTATO ROUNDS 670 FRESH FRUIT 100 WHITE MILK</p> 	<p>5/10/2019</p> <p>849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD or 815 MIXED VEGETABLES 684 MIXED BERRY APPLESAUCE CUP 832 SPIRAL NOODLES or 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>5/13/2019</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 867 GARDEN PEAS 861 AU GRATIN POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>5/14/2019</p> <p>409 WG 3 CHEESE PANINI 859 CORN & CARROTS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p> 	<p>5/15/2019</p> <p>833 WG WAGON WHEEL PASTA W/MEAT CRUMBLES & CHEESE (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 6/3</p>	<p>5/16/2019</p> <p>835 FISH STICKS or 829 MEATLOAF WITH GRAVY 506 CHOPPED ROMAINE SALAD or 864 DICED CARROTS 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>5/17/2019</p> <p>856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 825 GREEN BEANS 697 BAGGED APPLE SLICES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>5/20/2019</p> <p>837 MEATBALLS WITH SAUCE 822 SPINACH 670 FRESH FRUIT 832 SPIRAL NOODLES or 907 WHEAT HOT DOG BUN 100 WHITE MILK</p>	<p>5/21/2019</p> <p>839 WG MACARONI & CHEESE 815 MIXED VEGETABLES 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>5/22/2019</p> <p>844 WG BREADED CRISPY CHICKEN TENDERS (2 serv/cont) 864 DICED CARROTS 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 6/10</p>	<p>5/23/2019</p> <p>827 HAMBURGER PATTY 506 CHOPPED ROMAINE SALAD or 812 CORN 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>5/24/2019</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD or 869 POTATO ROUNDS 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK</p>
<p>5/27/2019</p>  <p>Memorial Day</p>	<p>5/28/2019</p> <p>835 FISH STICKS 822 SPINACH 868 MASHED SWEET POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>5/29/2019</p> <p>857 SLOPPY JOE 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 6/17</p>	<p>5/30/2019</p> <p>410 TOASTED CHEESE WG SANDWICH (individual package) 506 CHOPPED ROMAINE SALAD or 815 MIXED VEGETABLES 697 BAGGED APPLE SLICES 100 WHITE MILK</p> <p>Ascension Thursday</p>	<p>5/31/2019</p> <p>847 CHEESY CHICKEN, POTATO & BROCCOLI BAKE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 812 CORN 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

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