



April 2019



High School Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nutritional Development Services Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.</p> <hr/> <p>Archdiocese of Philadelphia 222 N. 17th Street Philadelphia, PA 19103 215-895-3470</p> <p> SchoolMealsNDS NDSSchoolLunchProgram SchoolMealsNDS</p> <p>www.nutritionaldevelopmentservices.org</p> <p>PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.</p>	<p>1 485 Swiss Steak OR 482 Grilled Chicken Filet 623 Broccoli 631 Cherry Star Vegetable Juice 446 Mott's Apple Juice 670 Fresh Fruit 902 Kaiser Roll</p>	<p>2 219 Turkey Pepperoni Pinwheel OR 226 Philly Cheesesteak Pinwheel 704 French Fries 545 Cranberry Orange Hummus 684 Mixed Berry Applesauce 670 Fresh Fruit 941 Tostitos Scoops</p>	<p>3 269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds OR 234 Chicken Tenders with Potato Wedges 603 Maple Baked Beans 635 Calypso Crush Vegetable Juice 445 Mott's Fruit Punch Juice 670 Fresh Fruit 929 Cinnamon Elf Grahams</p>	<p>4 273 Rotini Bake OR 292 Penne Pasta with Meat Sauce 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 447 Mott's Apple White Grape Juice 908 Dinner Roll OR 901 Honey Biscuit</p>	<p>5 255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 670 Fresh Fruit</p>
	<p>8 273 Rotini Bake OR 274 Curly Cheesy Lasagna 635 Calypso Crush Vegetable Juice 447 Mott's Apple White Grape Juice 658 Dried Fruit Blend 901 Honey Biscuit OR 903 Maple Biscuit</p>	<p>9 483 Chicken Nuggets OR 481 Hamburger & 902 Kaiser Roll 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 608 Dole Tropical Fruit Cup</p>	<p>10 278 Chicken Jambalaya OR 233 Popcorn Chicken with Sweet & Sour Broccoli 639 Corn 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 445 Mott's Fruit Punch Juice 904 Wheat Bread (2 Slices)</p>	<p>11 215 Beef & Cheese Taco OR 252 Cheeseburger Macaroni 706 Romaine Salad with Cherry Tomatoes 635 Calypso Crush Vegetable Juice 647 Dole Mandarin Orange Cup 686 "Hip Hoppin" Water Ice 990 Chocolate Chip Cookie</p>	<p>12 263 5" Round Cheese Pizza OR 264 4" x 6" Cheese Pizza 631 Cherry Star Vegetable Juice 634 Hash Brown 684 Mixed Berry Applesauce 696 Raisins 993 Holiday Cookie</p>
<p>15 253 Hot Dog with French Fries OR 294 Meatballs with Tomato Sauce 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 670 Fresh Fruit 907 Hot Dog Bun 992 Oatmeal Cookie</p>	<p>16 481 Hamburger OR 480 Cheeseburger 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 446 Mott's Apple Juice 902 Kaiser Roll</p>	<p>17 264 4" x 6" Cheese Pizza OR 263 5" Round Cheese Pizza 634 Hash Brown 630 Dragon Punch Vegetable Juice 695 Strawberry-Mango Sidekick 670 Fresh Fruit 993 Bunny Cookie</p>	<p>18 275 BBQ Chicken Filet OR 485 Swiss Steak 610 Mashed Potatoes 611 Bagged Baby Carrots 541 Chocolate Hummus OR 546 Cheesy Pizza Hummus 670 Fresh Fruit 608 Dole Tropical Fruit Cup 902 Kaiser Roll Holy Thursday</p>	<p>19 272 Four Cheese Panini OR 203 Macaroni & Cheese 706 Romaine Salad with Cherry Tomatoes 447 Mott's Apple White Grape Juice 670 Fresh Fruit 620 Salsa 941 Tostitos Scoops Good Friday</p>	
<p>22 294 Meatballs with Tomato Sauce & 907 Hot Dog Bun OR 211 Sloppy Joe & 902 Kaiser Roll 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 447 Mott's Apple White Grape Juice 990 Chocolate Chip Cookie Easter Monday</p>	<p>23 233 Popcorn Chicken with Sweet & Sour Broccoli OR 278 Chicken Jambalaya 603 Maple Baked Beans 635 Calypso Crush Vegetable Juice 608 Dole Tropical Fruit Cup 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>	<p>24 289 Pancakes with Sausage OR 482 Grilled Chicken Filet & 902 Kaiser Roll 634 Hash Brown 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples 609 Dole Mixed Fruit Cup</p>	<p>25 264 4x6" Cheese Pizza OR 263 5" Round Cheese Pizza 634 Hash Browns 611 Bagged Baby Carrots 670 Fresh Fruit 446 Mott's Apple Juice</p>	<p>26 205 Popcorn Chicken 706 Romaine Salad with Cherry Tomatoes 541 Chocolate Hummus 670 Fresh Fruit 445 Mott's Fruit Punch Juice 929 Cinnamon Elf Grahams</p>	