



# APRIL 2019

"Healthy foods bring good moods!" by Mia, grade 3  
From St. Monica School

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>275 BBQ Chicken Filet OR 207 Rib-B-Que 623 Broccoli 635 Calypso Crush Vegetable Juice 749 Apple-Cherry Juice 914 Hamburger Bun</p> <p><b>1</b></p>	<p>219 Turkey Pepperoni Pinwheel OR 226 Philly Cheesesteak Pinwheel 704 French Fries 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie</p> <p><b>2</b></p>	<p>234 Chicken Tenders with Potato Wedges OR 269 Mini Corn Dogs &amp; Chicken Nuggets with Potato Rounds 603 Maple Baked Beans 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p> <p><b>3</b></p>	<p>273 Rotini Bake OR 292 Penne Pasta with Meat Sauce 670 Fresh Fruit 908 Dinner Roll OR 901 Honey Biscuit</p> <p><b>4</b></p>	<p>255 Cheese Stuffed Breadsticks 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 608 Dole Tropical Fruit Cup</p> <p><b>5</b></p>
<p>273 Rotini Bake OR 274 Curly Cheesy Lasagna 749 Apple-Cherry Juice 901 Honey Biscuit OR 903 Maple Biscuit</p> <p><b>8</b></p>	<p>251 Chicken Nuggets OR 201 Cheeseburger &amp; 914 Hamburger Bun 603 Maple Baked Beans 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p> <p><b>9</b></p>	<p>278 Chicken Jambalaya OR 233 Popcorn Chicken with Sweet &amp; Sour Broccoli 639 Corn 670 Fresh Fruit 904 Wheat Bread (2 Slices)</p> <p><b>10</b></p>	<p>215 Beef &amp; Cheese Taco 252 Cheeseburger Macaroni 706 Romaine Salad with Cherry Tomatoes 695 Strawberry-Mango Sidekick</p> <p><b>11</b></p>	<p>263 5" Round Cheese Pizza OR 264 4" x 6" Cheese Pizza 611 Bagged Baby Carrots 684 Mixed Berry Applesauce 932 Cinnamon Scooby Snacks</p> <p><b>12</b></p>
<p>253 Hot Dog with French Fries OR 294 Meatballs with Tomato Sauce 631 Cherry Star Vegetable Juice 684 Mixed Berry Applesauce 907 Hot Dog Bun</p> <p><b>15</b></p>	<p>200 Hamburger OR 201 Cheeseburger 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 914 Hamburger Bun</p> <p><b>16</b></p>	<p>264 4" x 6" Cheese Pizza OR 263 5" Round Cheese Pizza 634 Hash Brown 686 "Hip Hoppin" Water Ice 993 Bunny Cookie</p> <p><b>17</b></p>	<p>275 BBQ Chicken Filet OR 207 Rib-B-Que 611 Bagged Baby Carrots 541 Chocolate Hummus OR 546 Cheesy Pizza Hummus 670 Fresh Fruit 914 Hamburger Bun</p> <p><b>18</b></p> <p><b>Holy Thursday</b></p>	<p>272 Four Cheese Panini OR 203 Macaroni &amp; Cheese 706 Romaine Salad with Cherry Tomatoes 749 Apple-Cherry Juice</p> <p><b>19</b></p> <p><b>Good Friday</b></p>
<p>294 Meatballs with Tomato Sauce &amp; 907 Hot Dog Bun OR 211 Sloppy Joe &amp; 914 Hamburger Bun 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p> <p><b>22</b></p> <p><b>Easter Monday</b></p>	<p>278 Chicken Jambalaya OR 233 Popcorn Chicken with Sweet &amp; Sour Broccoli 603 Maple Baked Beans 608 Dole Tropical Fruit Cup 932 Cinnamon Scooby Snacks</p> <p><b>23</b></p>	<p>289 Pancakes with Sausage OR 210 Crispy Chicken Filet &amp; 914 Hamburger Bun 634 Hash Brown 631 Cherry Star Vegetable Juice 697 Bagged Sliced Apples</p> <p><b>24</b></p>	<p>263 5" Round Cheese Pizza OR 264 4" x 6" Cheese Pizza 634 Hash Brown 749 Apple-Cherry Juice</p> <p><b>25</b></p>	<p>205 Popcorn Chicken 706 Romaine Salad with Cherry Tomatoes 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p> <p><b>26</b></p>
<p><b>29</b></p> 	<p><b>30</b></p> 			

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

