

# APRIL 2019 - CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served every day at Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 632 WANGO MANGO VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	4/2/2019 205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 609 DOLE MIXED FRUIT CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/3/2019 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK  <b>FOOD ORDER DUE - WEEK OF 4/29</b>	4/4/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	4/5/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK
4/8/2019 227 BBQ CHICKEN & CHEESE WG WRAP 631 CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	4/9/2019 251 WG BAKED CHICKEN NUGGETS 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/10/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 632 WANGO MANGO VEGETABLE JUICE 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK  <b>FOOD ORDER DUE - WEEK OF 5/6</b>	4/11/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 644 DOLE DICED PEARS CUP 100 WHITE MILK	4/12/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
4/15/2019 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	4/16/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 631 CHERRY STAR VEGETABLE JUICE 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	4/17/2019 205 WHOLE GRAIN POPCORN CHICKEN 632 WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK  <b>NO FOOD ORDER DUE</b>	4/18/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK  <b>Holy Thursday</b>	4/19/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK  <b>Good Friday</b>
4/22/2019 251 WG BAKED CHICKEN NUGGETS 631 CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	4/23/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 632 WANGO MANGO VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	4/24/2019 227 BBQ CHICKEN & CHEESE WG WRAP 630 DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK  <b>FOOD ORDER DUE - WEEK OF 5/13</b>	4/25/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 646 DOLE DICED PEACHES CUP 100 WHITE MILK	4/26/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 644 DOLE DICED PEARS CUP 100 WHITE MILK

**+CHILDREN AGE 6 & ORDER MUST BE SERVED THE FULL CONTAINER OF RAINBOW BEAN SALAD**

**+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD**

**MENU SUBJECT TO CHANGE**

**WG = WHOLE GRAIN-RICH**

**Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.**

**REMINDER! Water must be OFFERED every day!**

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