

# MARCH 2019 AFTERSCHOOL HOT SUPPER MENU

**Remember that at least one vegetable component MUST be served every day at supper!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/4/2019  253 HOT DOG WITH FRENCH FRIES 670 FRESH FRUIT 907 WHEAT HOT DOG BUN 100 WHITE MILK  	3/5/2019  201 CHEESEBURGER PATTY 628 MIXED VEGETABLES 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK	3/6/2019  264 4" x 6" WHOLE GRAIN CHEESE PIZZA 611 BABY CARROTS PACK 670 FRESH FRUIT 100 WHITE MILK  <b>FOOD ORDER DUE - WEEK OF MARCH 25</b>	3/7/2019  275 GRILLED BBQ CHICKEN FILLET 606 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE 914 WHEAT HAMBURGER BUN 100 WHITE MILK	3/8/2019  203 WG MACARONI & CHEESE 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK  
3/11/2019  207 RIB-B-QUE 623 BROCCOLI 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK	3/12/2019  294 MEATBALLS WITH TOMATO SAUCE 624 GARLIC BUTTER GREEN BEANS 670 FRESH FRUIT 907 WHEAT HOT DOG BUN 100 WHITE MILK	3/13/2019  289 WG PANCAKES WITH SAUSAGE PATTY 634 HASH BROWNS 697 BAGGED APPLE SLICES 100 WHITE MILK  <b>FOOD ORDER DUE - WEEK OF APRIL 1</b>	3/14/2019  205 WHOLE GRAIN POPCORN 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 904 WHEAT BREAD 100 WHITE MILK  	3/15/2019  263 5" ROUND WG CHEESE PIZZA 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
3/18/2019  234 WG CHICKEN TENDERS WITH POTATO WEDGES 625 SWEET MAPLE CARROTS 904 WHEAT BREAD 100 WHITE MILK  	3/19/2019  292 WHOLE GRAIN PENNE PASTA WITH MEAT SAUCE 623 BROCCOLI 670 FRESH FRUIT 904 WHEAT BREAD 100 WHITE MILK	3/20/2019  226 WG PHILLY STEAK & CHEESE PINWHEEL 629 CORN & CARROTS 670 FRESH FRUIT 100 WHITE MILK  <b>FOOD ORDER DUE - WEEK OF APRIL 8</b>	3/21/2019  217 TERIYAKI GLAZED CHICKEN W/BROWN RICE 606 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE 100 WHITE MILK	3/22/2019  255 CHEESE STUFFED BREADSTICKS 622 RED GOLD MARINARA SAUCE 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
3/25/2019  253 HOT DOG WITH FRENCH FRIES 603 MAPLE BAKED BEANS 907 WHEAT HOT DOG BUN 100 WHITE MILK	3/26/2019  233 SWEET & SOUR POPCORN CHICKEN WITH BROCCOLI 639 CORN 904 WHEAT BREAD 100 WHITE MILK	3/27/2019  210 WG CRISPY CHICKEN FILLET 628 MIXED VEGETABLES 670 FRESH FRUIT 914 WHEAT HAMBURGER BUN 100 WHITE MILK  <b>DOUBLE ORDER DUE FOR WEEKS OF APRIL 15 &amp; APRIL 22</b>	3/28/2019  264 4" x 6" WHOLE GRAIN CHEESE PIZZA 606 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	3/29/2019  208 FISH FILLET 606 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE 914 WHEAT HAMBURGER BUN 100 WHITE MILK

**Milk: Either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk must be served** WG = WHOLE GRAIN-RICH MENU SUBJECT TO CHANGE

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**REMINDER! Water must be OFFERED every day!**



