

MARCH 2019 - CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served every day at Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/4/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	3/5/2019 205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 609 DOLE MIXED FRUIT CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	3/6/2019 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK FOOD ORDER DUE - WEEK OF 3/25	3/7/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	3/8/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK
3/11/2019 227 BBQ CHICKEN & CHEESE WG WRAP 631 CHERRY STAR VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	3/12/2019 251 WG BAKED CHICKEN NUGGETS 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	3/13/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK FOOD ORDER DUE - WEEK OF 4/1	3/14/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 644 DOLE DICED PEARS CUP 100 WHITE MILK	3/15/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
3/18/2019 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 630 DRAGON PUNCH VEGETABLE JUICE 684 MIXED BERRY APPLESAUCE CUP 100 WHITE MILK	3/19/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	3/20/2019 205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK FOOD ORDER DUE - WEEK OF 4/8	3/21/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	3/22/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK
3/25/2019 251 WG BAKED CHICKEN NUGGETS 637 RAINBOW BEAN SALAD (2 serv/cont)+ 684 MIXED BERRY APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	3/26/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	3/27/2019 227 BBQ CHICKEN & CHEESE WG WRAP 630 DRAGON PUNCH VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK DOUBLE ORDER DUE - WEEKS OF 4/15 & 4/22	3/28/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 646 DOLE DICED PEACHES CUP 100 WHITE MILK	3/29/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 644 DOLE DICED PEARS CUP 100 WHITE MILK

+CHILDREN AGE 6 & ORDER MUST BE SERVED THE FULL CONTAINER OF RAINBOW BEAN SALAD

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH