

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

2019

306 Apple Baked Frudel  
OR  
319 Orange Cranberry Muffin  
749 Apple-Cherry Juice  
670 Fresh Fruit

**7**

Pre-K: 346 Cinnamon Toast Crunch Cereal

359 Honey Scooters  
OR  
334 Cinnamon Toast Crunch Cereal  
752 Fruit Punch Juice  
608 Dole Tropical Fruit Cup

**1**

**8**

Pre-K: 339 Orange Cranberry Muffin

329 Trix Cereal Bar  
OR  
304 Cinnamon Bagelfuls  
750 Apple Juice  
670 Fresh Fruit

**2**

**9**

Pre-K: 330 Blueberry Muffin

328 Chocolate Chip Muffin  
OR  
370 Apple Fruit Pocket  
748 Grape Juice  
696 Raisins

**3**

**10**

Pre-K: 342 Cheerios Cereal

367 Cinnamon Raisin Bagel  
OR  
327 Pillsbury Maple Mini Waffles  
753 Orange Juice  
670 Fresh Fruit

**4**

**11**

Pre-K: 332 Apple Cinnamon Muffin

323 Apple Cinnamon Muffin  
OR  
336 Pillsbury Strawberry Mini Pancakes  
752 Fruit Punch Juice  
670 Fresh Fruit

**14**

Pre-K: 349 Corn Chex Cereal

309 Apple Jammer Stick  
OR  
366 Blueberry Bagel  
749 Apple-Cherry Juice  
670 Fresh Fruit

**15**

Pre-K: 330 Blueberry Muffin

337 Eggo Blueberry Mini Pancake  
OR  
319 Orange Cranberry Muffin  
753 Orange Juice  
658 Dried Fruit Blend

**16**

Pre-K: 343 Rice Chex Cereal

334 Cinnamon Toast Crunch  
OR  
350 Apple Cinnamon Cheerios  
750 Apple Juice  
612 Bagged Apples & Grapes

**17**

Pre-K: 331 Corn Muffin

140 Turkey & Cheese Croissant  
OR  
322 Blueberry Muffin  
748 Grape Juice  
670 Fresh Fruit

**18**

Pre-K: 366 Blueberry Bagel

306 Apple Baked Frudel  
OR  
321 Banana Muffin  
749 Apple-Cherry Juice  
670 Fresh Fruit

**21**

Pre-K: 347 Alpha Bits Cereal

309 Apple Jammer Stick  
OR  
369 Pillsbury Berry Blast Mini French Toast  
752 Fruit Punch Juice  
696 Raisins

**22**

Pre-K: 335 Banana Muffin

370 Apple Fruit Pocket  
OR  
334 Cinnamon Toast Crunch Cereal  
750 Apple Juice  
670 Fresh Fruit

**23**

Pre-K: 339 Orange Cranberry Muffin

303 Egg & Cheese with Turkey Bacon on Toast  
OR  
329 Trix Cereal Bar  
753 Orange Juice  
670 Fresh Fruit

**24**

Pre-K: 339 Orange Cranberry Muffin

308 Strawberry Mini Bagel  
OR  
323 Apple Cinnamon Muffin  
689 Orange Mango Applesauce  
658 Fried Fruit Blend

**25**

Pre-K: 345 Honey Scooters Cereal

327 Pillsbury Maple Mini Waffles  
OR  
328 Chocolate Chip Muffin  
752 Fruit Punch Juice  
670 Fresh Fruit

**28**

Pre-K: 332 Apple Cinnamon Muffin

362 Raisin Bran Cereal  
OR  
334 Cinnamon Toast Crunch Cereal  
749 Apple-Cherry Juice  
670 Fresh Fruit

**29**

Pre-K: 342 Cheerios Cereal

304 Cinnamon Bagelfuls  
OR  
319 Orange Cranberry Muffin  
750 Apple Juice  
608 Dole Tropical Fruit Cup

**30**

Pre-K: 367 Cinnamon Raisin Bagel

315 Apple Cinnamon Toast  
OR  
366 Blueberry Bagel  
753 Orange Juice  
670 Fresh Fruit

**31**

Pre-K: 343 Rice Chex Cereal

313 Rebel Apple Delight Crumble  
OR  
350 Apple Cinnamon Cheerios Cereal Bar  
752 Fruit Punch Juice  
697 Bagged Sliced Apple

Pre-K: 330 Blueberry Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.