

FEBRUARY 2019 - CHILD CARE COLD LUNCH MENU

Remember that at least one vegetable component MUST be served every day at Lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/4/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	2/5/2019 205 WHOLE GRAIN POPCORN CHICKEN 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK Chinese New Year	2/6/2019 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 100 WHITE MILK FOOD ORDER DUE - WEEK OF 2/25	2/7/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	2/8/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
2/11/2019 227 BBQ CHICKEN & CHEESE WG WRAP 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	2/12/2019 251 WG BAKED CHICKEN NUGGETS 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	2/13/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 602 RED BLISS POTATO SALAD WITH TURKEY BACON 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK FOOD ORDER DUE - WEEK OF 3/4	2/14/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK Valentine's Day	2/15/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
2/18/2019 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK Presidents' Day	2/19/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	2/20/2019 205 WHOLE GRAIN POPCORN CHICKEN 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK FOOD ORDER DUE - WEEK OF 3/11	2/21/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	2/22/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
2/25/2019 251 WG BAKED CHICKEN NUGGETS 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	2/26/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	2/27/2019 227 BBQ CHICKEN & CHEESE WG WRAP 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 100 WHITE MILK FOOD ORDER DUE - WEEK OF 3/18	2/28/2019 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	3/1/2019 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK

+CHILDREN AGE 6 & ORDER MUST BE SERVED THE FULL CONTAINER OF ITALIAN CORN SALAD OR RAINBOW BEAN SALAD

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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