



FEBRUARY 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

306 Apple Baked Frudel OR
319 Orange Cranberry Muffin
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 346 Cinnamon Toast Crunch Cereal

4

359 Honey Scooters Cereal OR
334 Cinnamon Toast Crunch Cereal
608 Dole Tropical Fruit Cup
752 Fruit Punch Juice
Pre-K: 339 Orange Cranberry Muffin

5

329 Trix Cereal Bar OR
304 Cinnamon Bagelfuls
670 Fresh Fruit
750 Apple Juice
Pre-K: 330 Blueberry Muffin

6

328 Chocolate Chip Muffin OR
370 Apple Fruit Pocket
696 Raisins
748 Grape Juice
Pre-K: 342 Cheerios

7

313 Rebel Apple Delight Crumble OR
350 Apple Cinnamon Cheerios Cereal Bar
752 Fruit Punch Juice
697 Bagged Sliced Apples

1

367 Cinnamon Raisin Bagel OR
327 Pillsbury Maple Mini Waffles
670 Fresh Fruit
753 Orange Juice
Pre-K: 332 Apple Cinnamon Muffin

8

323 Apple Cinnamon Muffin OR
336 Pillsbury Strawberry Mini Pancakes
670 Fresh Fruit
752 Fruit Punch Juice
Pre-K: 349 Corn Chex Cereal

11

309 Apple Jammer Stick OR
366 Blueberry Bagel
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 330 Blueberry Muffin

12

337 Eggo Blueberry Mini Pancake OR
319 Orange Cranberry Muffin
658 Dried Fruit Blend
753 Orange Juice
Pre-K: 343 Rice Chex Cereal

13

334 Cinnamon Toast Crunch Cereal OR
350 Apple Cinnamon Cheerios Cereal Bar
612 Bagged Apples & Grapes
750 Apple Juice
Pre-K: 331 Corn Muffin

14

140 Turkey Ham & Cheese Croissant OR
322 Blueberry Muffin
670 Fresh Fruit
748 Grape Juice
Pre-K: 366 Blueberry Bagel

15

306 Apple Baked Frudel OR
321 Banana Muffin
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 347 Alpha Bits Cereal

18

309 Apple Jammer Stick OR
369 Pillsbury Berry Blast Mini French Toast
696 Raisins
752 Fruit Punch Juice
Pre-K: 335 Banana Muffin

19

370 Apple Fruit Pocket OR
334 Cinnamon Toast Crunch Cereal
670 Fresh Fruit
750 Apple Juice
Pre-K: 339 Orange Cranberry Muffin

20

303 Egg & Cheese with Turkey Bacon on Toast OR
329 Trix Cereal Bar
670 Fresh Fruit
753 Orange Juice
Pre-K: 339 Orange Cranberry Muffin

21

308 Strawberry Mini Bagel OR
323 Apple Cinnamon Muffin
684 Mixed Berry Applesauce
658 Dried Fruit Blend
Pre-K 345 Honey Scooters

22

327 Pillsbury Maple Mini Waffles OR
328 Chocolate Chip Muffin
670 Fresh Fruit
752 Fruit Punch Juice
Pre-K: 332 Apple Cinnamon Muffin

25

362 Raisin Bran Cereal OR
334 Cinnamon Toast Crunch Cereal
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 342 Cheerios

26

304 Cinnamon Bagelfuls OR
319 Orange Cranberry Muffin
608 Dole Tropical Fruit Cup
750 Apple Juice
Pre-K: 367 Cinnamon Raisin Bagel

27

315 Apple Cinnamon Toast OR
366 Blueberry Bagel
670 Fresh Fruit
753 Orange Juice
Pre-K: 343 Rice Chex Cereal

28

313 Rebel Apple Delight Crumble OR
350 Apple Cinnamon Cheerios Cereal Bar
697 Bagged Sliced Apples
752 Fruit Punch Juice
Pre-k: 330 Blueberry Muffin

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PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

