

JANUARY 2019 - CHILD CARE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/7/2019 346 CINNAMON TOAST CRUNCH CEREAL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK	1/8/2019 339 WG CRANBERRY ORANGE MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	1/9/2019 337 EGGO BITES WG MINI BLUEBERRY PANCAKES 644 DOLE DICED PEARS CUP 100 WHITE MILK FOOD ORDER DUE - WEEK OF 1/28	1/10/2019 342 CHEERIOS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK	1/11/2019 332 WG APPLE CINNAMON MUFFIN 670 FRESH FRUIT 100 WHITE MILK
1/14/2019 349 CORN CHEX CEREAL 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	1/15/2019 330 WG BLUEBERRY MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	1/16/2019 343 RICE CHEX CEREAL 670 FRESH FRUIT 100 WHITE MILK FOOD ORDER DUE - WEEK OF 2/4	1/17/2019 802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 904 1/2 SLICE WHEAT BREAD+++ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	1/18/2019 366 WG BLUEBERRY SLICED BAGEL <i>or</i> 331 WG CORN MUFFIN 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK
1/21/2019 347 ALPHA-BITS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK Martin Luther King, Jr. Day	1/22/2019 335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK	1/23/2019 306 PILLSBURY WG APPLE BAKED FRUDEL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK FOOD ORDER DUE - WEEK OF 2/11	1/24/2019 339 WG CRANBERRY ORANGE MUFFIN 644 DOLE DICED PEARS CUP 100 WHITE MILK	1/25/2019 345 HONEY SCOOTERS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
1/28/2019 338 WG FRENCH TOAST STICKS 609 DOLE MIXED FRUIT CUP 100 WHITE MILK	1/29/2019 342 CHEERIOS CEREAL 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK	1/30/2019 367 WG CINNAMON RAISIN SLICED BAGEL <i>or</i> 332 WG APPLE CINNAMON MUFFIN 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK FOOD ORDER DUE - WEEK OF 2/18	1/31/2019 343 RICE CHEX CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	2/1/2019 330 WG BLUEBERRY MUFFIN 670 FRESH FRUIT 100 WHITE MILK

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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