

DECEMBER 2018 - CHILD CARE HOT LUNCH MENU

Remember that at least one vegetable component MUST be served every day at lunch!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>12/3/2018</p> <p>835 FISH STICKS 815 MIXED VEGETABLES 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/4/2018</p> <p>830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 825 GREEN BEANS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/5/2018</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>DOUBLE FOOD ORDER DUE - WEEKS OF 12/31 & 1/7</p>	<p>12/6/2018</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/7/2018</p> <p>839 WG MACARONI & CHEESE 506 CHOPPED ROMAINE SALAD or 864 DICED CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>12/10/2018</p> <p>826 SALISBURY PATTY WITH GRAVY 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/11/2018</p> <p>834 CHICKEN ALFREDO W/WG PENNE PASTA (2 serv/cont) 858 PEAS & CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/12/2018</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 822 SPINACH 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 1/4</p>	<p>12/13/2018</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD or 869 POTATO ROUNDS 670 FRESH FRUIT 100 WHITE MILK</p>	<p>12/14/2018</p> <p>849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD or 815 MIXED VEGETABLES 683 UNSWEETENED APPLESAUCE CUP 832 SPIRAL NOODLES or 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>12/17/2018</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 867 GARDEN PEAS 861 AU GRATIN POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/18/2018</p> <p>847 CHEESY CHICKEN, POTATO & BROCCOLI BAKE (2 serv/cont) 812 CORN 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/19/2018</p> <p>833 WG WAGON WHEEL PASTA W/MEAT CRUMBLES & CHEESE (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>FOOD ORDER DUE - WEEK OF 1/21</p>	<p>12/20/2018</p> <p>835 FISH STICKS or 829 MEATLOAF WITH GRAVY 506 CHOPPED ROMAINE SALAD or 864 DICED CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>12/21/2018</p> <p>856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>12/24/2018</p> <p>837 MEATBALLS WITH SAUCE 822 SPINACH 670 FRESH FRUIT 832 SPIRAL NOODLES or 907 WHEAT HOT DOG BUN 100 WHITE MILK</p>	<p>12/25/2018</p> <p>CHRISTMAS</p>	<p>12/26/2018</p> <p>844 WG BREADED CRISPY CHICKEN TENDERS (2 serv/cont) 864 DICED CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>NO FOOD ORDER DUE</p>	<p>12/27/2018</p> <p>827 HAMBURGER PATTY 812 CORN 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>12/28/2018</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 869 POTATO ROUNDS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>
<p>12/31/2018</p> <p>857 SLOPPY JOE 825 GREEN BEANS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>1/1/2019</p> <p>NEW YEAR'S DAY</p>	<p>1/2/2019</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 864 DICED CARROTS 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> <p>NO FOOD ORDER DUE</p>	<p>1/3/2019</p> <p>839 WG MACARONI & CHEESE 815 MIXED VEGETABLES 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>1/4/2019</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 822 SPINACH 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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