

# DECEMBER 2018 - CHILD CARE COLD LUNCH MENU

**Remember that at least one vegetable component MUST be served every day at Lunch!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/3/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	12/4/2018 205 WHOLE GRAIN POPCORN CHICKEN 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	12/5/2018 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 100 WHITE MILK <b>DOUBLE FOOD ORDER DUE - WEEKS OF 12/31 &amp; 1/7</b>	12/6/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	12/7/2018 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
12/10/2018 227 BBQ CHICKEN & CHEESE WG WRAP 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	12/11/2018 251 WG BAKED CHICKEN NUGGETS 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	12/12/2018 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 602 RED BLISS POTATO SALAD WITH TURKEY BACON 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK <b>FOOD ORDER DUE - WEEK OF 1/14</b>	12/13/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	12/14/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
12/17/2018 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	12/18/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	12/19/2018 205 WHOLE GRAIN POPCORN CHICKEN 602 RED BLISS POTATO SALAD WITH TURKEY BACON 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK <b>FOOD ORDER DUE - WEEK OF 1/21</b>	12/20/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	12/21/2018 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
12/24/2018 251 WG BAKED CHICKEN NUGGETS 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	12/25/2018 <b>CHRISTMAS</b>	12/26/2018 227 BBQ CHICKEN & CHEESE WG WRAP 715 ITALIAN CORN SALAD (2 serv/cont)+ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK <b>NO FOOD ORDER DUE</b>	12/27/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	12/28/2018 261 SOY BUTTER & JELLY WG SANDWICH 632 WANGO MANGO VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
12/31/2018 239 TURKEY BOLOGNA ON WHOLE WHEAT BREAD 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	1/1/2019 <b>NEW YEAR'S DAY</b>	1/2/2019 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK <b>NO FOOD ORDER DUE</b>	1/3/2019 205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	1/4/2019 261 SOY BUTTER & JELLY WG SANDWICH 630 DRAGON PUNCH VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK

+CHILDREN AGE 6 & ORDER MUST BE SERVED THE FULL CONTAINER OF ITALIAN CORN SALAD OR RAINBOW BEAN SALAD

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

**MENU SUBJECT TO CHANGE**

**WG = WHOLE GRAIN-RICH**

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

**REMINDER! Water must be OFFERED every day!**

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