

DECEMBER 2018 - CHILD CARE BREAKFAST MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| 12/3/2018 346 CINNAMON TOAST CRUNCH CEREAL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK | 12/4/2018 339 WG CRANBERRY ORANGE MUFFIN 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 12/5/2018 337 EGGO BITES WG MINI BLUEBERRY PANCAKES 644 DOLE DICED PEARS CUP 100 WHITE MILK DOUBLE FOOD ORDER DUE - WEEKS OF 12/31 & 1/7 | 12/6/2018 342 CHEERIOS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK | 12/7/2018 332 WG APPLE CINNAMON MUFFIN 670 FRESH FRUIT 100 WHITE MILK |
| 12/10/2018 349 CORN CHEX CEREAL 609 DOLE MIXED FRUIT CUP 100 WHITE MILK | 12/11/2018 330 WG BLUEBERRY MUFFIN 645 DOLE PINEAPPLE TIDBITS CUP 100 WHITE MILK | 12/12/2018 343 RICE CHEX CEREAL 670 FRESH FRUIT 100 WHITE MILK FOOD ORDER DUE - WEEK OF 1/14 | 12/13/2018 802 SCRAMBLED EGGS W/TURKEY HAM (4 servings/container) 904 1/2 SLICE WHEAT BREAD+++ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 12/14/2018 366 WG BLUEBERRY SLICED BAGEL <i>or</i> 331 WG CORN MUFFIN 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK |
| 12/17/2018 347 ALPHA-BITS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK | 12/18/2018 335 WG BANANA MUFFIN 670 FRESH FRUIT 100 WHITE MILK | 12/19/2018 306 PILLSBURY APPLE BAKED FRUDEL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK FOOD ORDER DUE - WEEK OF 1/21 | 12/20/2018 339 WG CRANBERRY ORANGE MUFFIN 644 DOLE DICED PEARS CUP 100 WHITE MILK | 12/21/2018 345 HONEY SCOOTERS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK |
| 12/24/2018 338 WG FRENCH TOAST STICKS 609 DOLE MIXED FRUIT CUP 100 WHITE MILK | 12/25/2018 CHRISTMAS | 12/26/2018 367 WG CINNAMON RAISIN SLICED BAGEL <i>or</i> 332 WG APPLE CINNAMON MUFFIN 608 DOLE TROPICAL FRUIT CUP 100 WHITE MILK NO FOOD ORDER DUE | 12/27/2018 343 RICE CHEX CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK | 12/28/2018 330 WG BLUEBERRY MUFFIN 670 FRESH FRUIT 100 WHITE MILK |
| 12/31/2018 342 CHEERIOS CEREAL 647 DOLE MANDARIN ORANGES CUP 100 WHITE MILK | 1/1/2019 NEW YEAR'S DAY | 1/2/2019 347 ALPHA-BITS CEREAL 646 DOLE DICED PEACHES CUP 100 WHITE MILK NO FOOD ORDER DUE | 1/3/2019 335 WG BANANA MUFFIN 644 DOLE DICED PEARS CUP 100 WHITE MILK | 1/4/2019 345 HONEY SCOOTERS CEREAL 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK |

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

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