 **Elementary**

**1**

*Winter Break*



**DECEMBER 2018**

**4**

**3**

**2**

Happy New Year!



**PLEASE READ CAREFULLY**. Parents are strongly advised to review the menu completely to ensure that each of the food items in suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

**Nutritional Development Services**

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Beef Bologna & Cheese

On Whole Wheat Bread

Orange

Chilled Baby Carrots

Hard Boiled Egg

Whole Grain Pita

Chocolate Brownie Hummus

Celery Sticks

Macaroni Salad with Tuna

Two Whole Grain Breadsticks

Grapes

Fresh Spinach

American Hoagie

On a Whole Grain Hoagie Roll

Plum

Grandma’s Potato Salad

Happy New Year’s

Eve!



*Winter Break*



*Winter Break*



*Winter Break*



*Winter Break*



Strawberry Spinach Salad

Whole Grain Dinner Roll

Apple

Pizza Protein Pack

With Whole Grain Flat Bread

Pear

Chilled Baby Carrots

Tuna Salad

On Whole Grain Flatbread

Plum

Grandma’s Potato Salad

Turkey Ham & Cheese

On Whole Wheat Bread

Sliced Apples

Garbanzo Bean Salad

Grilled Chicken

On a Whole Grain Bun

Orange

Chilled Black Bean & Corn Salad

Chipotle Turkey Wrap

Plum

Cucumber Salad

American Cheese Hoagie

On a Whole Grain Hoagie Roll

Applesauce Cup

Fiesta Corn Salsa

Chicken Salad

On a Whole Grain Bun

Orange

Diced Tomato Salad

Chicken Caesar Salad

With Romaine Mix

Apple

Two Whole Grain Breadsticks

Roast Beef & Cheese

On Whole Wheat Bread

Pears

Three Bean Salad

Turkey BLT

On a Whole Grain Croissant

Pear

Garbanzo Bean Salad