





# AUGUST 2018 - CHILD CARE HOT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7/30/2018</p> <p>835 FISH STICKS 815 MIXED VEGETABLES 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 	<p>7/31/2018</p> <p>830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 825 GREEN BEANS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/1/2018</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 812 CORN 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/2/2018</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/3/2018</p> <p>839 WG MACARONI &amp; CHEESE 506 CHOPPED ROMAINE SALAD <b>or</b> 864 DICED CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>8/6/2018</p> <p>826 SALISBURY PATTY WITH GRAVY 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/7/2018</p> <p>834 CHICKEN ALFREDO W/WG PENNE PASTA (2 serv/cont) 858 PEAS &amp; CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/8/2018</p> <p>206 VEGGIE BURGER W/POTATO WEDGES (individual package) 822 SPINACH 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>8/9/2018</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <b>or</b> 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD <b>or</b> 869 POTATO ROUNDS 670 FRESH FRUIT 100 WHITE MILK</p>	<p>8/10/2018</p> <p>849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD <b>or</b> 815 MIXED VEGETABLES 683 UNSWEETENED APPLESAUCE CUP 832 SPIRAL NOODLES <b>or</b> 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>
<p>8/13/2018</p> <p>843 WG BREADED BAKED CHICKEN NUGGETS 867 GARDEN PEAS 861 AU GRATIN POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/14/2018</p> <p>847 CHEESY CHICKEN, POTATO &amp; BROCCOLI BAKE (2 serv/cont) 812 CORN 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/15/2018 <b>Assumption of Mary</b></p> <p>833 WG WAGON WHEEL PASTA W/MEAT CRUMBLES &amp; CHEESE (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/16/2018</p> <p>850 SWEET &amp; SOUR CHICKEN WITH BROWN RICE (2 serv/cont) <b>or</b> 829 MEATLOAF WITH GRAVY 506 CHOPPED ROMAINE SALAD <b>or</b> 864 DICED CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/17/2018</p> <p>856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 
<p>8/20/2018</p> <p>837 MEATBALLS WITH SAUCE 822 SPINACH 670 FRESH FRUIT 832 SPIRAL NOODLES <b>or</b> 907 WHEAT HOT DOG BUN 100 WHITE MILK</p>	<p>8/21/2018</p> <p>844 WG BREADED CRISPY CHICKEN TENDERS (2 serv/cont) 864 DICED CARROTS 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/22/2018</p> <p>410 TOASTED CHEESE WG SANDWICH (individual package) 815 MIXED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK</p> 	<p>8/23/2018</p> <p>827 HAMBURGER PATTY 506 CHOPPED ROMAINE SALAD <b>or</b> 812 CORN 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ <b>or</b> 914 WHEAT HAMBURGER BUN 100 WHITE MILK</p>	<p>8/24/2018</p> <p>264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) <b>or</b> 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD <b>or</b> 869 POTATO ROUNDS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK</p>
<p>8/27/2018</p> <p>839 WG MACARONI &amp; CHEESE 867 GARDEN PEAS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p> 	<p>8/28/2018</p> <p>835 FISH STICKS 815 MIXED VEGETABLES 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/29/2018</p> <p>872 WG BREADED CHICKEN PATTY (2 serv/cont) 864 DICED CARROTS 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/30/2018</p> <p>857 SLOPPY JOE 506 CHOPPED ROMAINE SALAD <b>or</b> 822 SPINACH 670 FRESH FRUIT 832 SPIRAL NOODLES <b>or</b> 914 WHEAT HAMBURGER BUN <b>or</b> 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>	<p>8/31/2018</p> <p>841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD <b>or</b> 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK</p>

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

**MENU SUBJECT TO CHANGE**

**WG = WHOLE GRAIN-RICH**

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

**REMINDER! Water must be OFFERED every day!**

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