




AUGUST 2018 - CHILD CARE COLD LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/30/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	7/31/2018 205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	8/1/2018 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	8/2/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK 	8/3/2018 237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
8/6/2018 227 BBQ CHICKEN & CHEESE WG WRAP 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK 	8/7/2018 237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	8/8/2018 251 WG BAKED CHICKEN NUGGETS 715 ITALIAN CORN SALAD (2 serv/cont)+ 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	8/9/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	8/10/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
8/13/2018 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK	8/14/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 637 RAINBOW BEAN SALAD (2 serv/cont)+ 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK	8/15/2018 Assumption of Mary 205 WHOLE GRAIN POPCORN CHICKEN 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	8/16/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	8/17/2018 237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK
8/20/2018 251 WG BAKED CHICKEN NUGGETS 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	8/21/2018 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 631 CHERRY STAR VEGETABLE JUICE 670 FRESH FRUIT 100 WHITE MILK 	8/22/2018 227 BBQ CHICKEN & CHEESE WG WRAP 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	8/23/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	8/24/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK
8/27/2018 237 TURKEY BOLOGNA & AMERICAN CHEESE ON WG FLATBREAD 715 ITALIAN CORN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	8/28/2018 205 WHOLE GRAIN POPCORN CHICKEN 631 CHERRY STAR VEGETABLE JUICE 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	8/29/2018 250 TURKEY BOLOGNA, TURKEY SALAMI & CHEESE ON WHOLE GRAIN ROLL 637 RAINBOW BEAN SALAD (2 serv/cont)+ 670 FRESH FRUIT 100 WHITE MILK	8/30/2018 235 AMERICAN CHEESE ON WHOLE GRAIN BREAD 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK	8/31/2018 261 SOY BUTTER & JELLY WG SANDWICH 506 CHOPPED ROMAINE SALAD 670 FRESH FRUIT 100 WHITE MILK

+CHILDREN AGE 6 & ORDER MUST BE SERVED THE FULL CONTAINER OF ITALIAN CORN SALAD OR RAINBOW BEAN SALAD

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN-RICH

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!

Nutritional Development Services - Archdiocese of Philadelphia, 222 North 17th Street, Philadelphia, PA 19103 Phone: 215-895-3470