




# JULY 2018 - CHILD CARE HOT LUNCH MENU

MONDAY 7/2/2018	TUESDAY 7/3/2018	WEDNESDAY 7/4/2018	THURSDAY 7/5/2018	FRIDAY 7/6/2018
835 FISH STICKS 815 MIXED VEGETABLES 854 SCALLOPED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	830 WG SPAGHETTI WITH MEATBALLS (2 serv/cont) 825 GREEN BEANS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	 <p style="text-align: center;">NO FOOD ORDER DUE</p>	841 CHEESE RAVIOLI WITH SAUCE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	839 WG MACARONI & CHEESE 506 CHOPPED ROMAINE SALAD or 864 DICED CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK
7/9/2018  826 SALISBURY PATTY WITH GRAVY 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	7/10/2018  872 WG BREADED CHICKEN PATTY (2 serv/cont) 859 CORN & CARROTS 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	7/11/2018  206 VEGGIE BURGER W/POTATO WEDGES (individual package) 822 SPINACH 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK  FOOD ORDER DUE - WEEK OF 7/30	7/12/2018  264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD or 869 POTATO ROUNDS 670 FRESH FRUIT 100 WHITE MILK 	7/13/2018  849 SWEDISH MEATBALLS 506 CHOPPED ROMAINE SALAD or 815 MIXED VEGETABLES 683 UNSWEETENED APPLESAUCE CUP 832 SPIRAL NOODLES or 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK
7/16/2018  843 WG BREADED BAKED CHICKEN NUGGETS 867 GARDEN PEAS 861 AU GRATIN POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK  	7/17/2018  847 CHEESY CHICKEN, POTATO & BROCCOLI BAKE (2 serv/cont) 812 CORN 683 UNSWEETENED APPLESAUCE CUP 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	7/18/2018  831 WG ROTINI BAKE W/MEAT CRUMBLES & CHEESE (2 serv/cont) 822 SPINACH 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK  FOOD ORDER DUE - WEEK OF 8/6	7/19/2018  850 SWEET & SOUR CHICKEN WITH BROWN RICE (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 864 DICED CARROTS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	7/20/2018  856 CHICKEN PARMESAN (2 serv/cont) 506 CHOPPED ROMAINE SALAD or 825 GREEN BEANS 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK
7/23/2018  837 MEATBALLS WITH SAUCE 822 SPINACH 683 UNSWEETENED APPLESAUCE CUP 832 SPIRAL NOODLES or 907 WHEAT HOT DOG BUN 100 WHITE MILK	7/24/2018  844 WG BREADED CRISPY CHICKEN TENDERS (2 serv/cont) 858 PEAS & CARROTS 809 MASHED POTATOES 904 1/2 SLICE WHEAT BREAD+++ 100 WHITE MILK	7/25/2018  410 TOASTED CHEESE WG SANDWICH (individual package) 815 MIXED VEGETABLES 670 FRESH FRUIT 100 WHITE MILK  FOOD ORDER DUE - WEEK OF 8/13	7/26/2018  827 HAMBURGER PATTY 506 CHOPPED ROMAINE SALAD or 812 CORN 670 FRESH FRUIT 904 1/2 SLICE WHEAT BREAD+++ or 914 WHEAT HAMBURGER BUN 100 WHITE MILK	7/27/2018  264 4" X 6" WHOLE GRAIN CHEESE PIZZA (individual package) or 263 5" ROUND WG CHEESE PIZZA (individual package) 506 CHOPPED ROMAINE SALAD or 869 POTATO ROUNDS 683 UNSWEETENED APPLESAUCE CUP 100 WHITE MILK

+++CHILDREN AGE 6 & OLDER MUST BE SERVED A FULL SLICE OF BREAD

MENU SUBJECT TO CHANGE

WG = WHOLE GRAIN

Milk: 1 year old children must be served 4-ounce whole white milk; children 2 years and older must be served either 8-ounce skim fat free white milk or 8-ounce 1% low fat white milk.

REMINDER! Water must be OFFERED every day!