



# June 2018



## High School Lunch

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
| <p><b>4</b><br/>289 Pancakes with Sausage OR<br/>272 Four Cheese Panini<br/>634 Hash Brown<br/>635 Calypso Crush Vegetable Juice<br/>670 Fresh Fruit<br/>684 Wild Watermelon Applesauce</p>   | <p><b>5</b><br/>253 Hot Dog with French Fries &amp; 907 Hot Dog Bun OR<br/>234 Chicken Tenders with Potato Wedges<br/>611 Bagged Baby Carrots<br/>670 Fresh Fruit<br/>608 Dole Tropical Fruit Cup<br/>991 Keebler "Despicable Me" Honey Grahams<br/>635 Calypso Crush Vegetable Juice</p> | <p><b>6</b><br/>481 Hamburger OR<br/>480 Cheeseburger<br/>636 Fiesta Corn<br/>603 Maple Baked Beans<br/>446 Mott's Apple Juice<br/>670 Fresh Fruit<br/>902 Kaiser Roll</p>   | <p><b>7</b><br/>225 Cheesy Taco Meat &amp; 994 Tostitos Top 'N' Go OR<br/>262 Ranchero Beef Pizza &amp; 941 Tostitos Scoops<br/>620 Salsa<br/>706 Romaine Salad with Cherry Tomatoes<br/>445 Mott's Fruit Punch Juice<br/>670 Fresh Fruit</p>  | <p><b>8</b><br/>255 Cheese Stuffed Breadsticks<br/>622 Marinara Sauce<br/>631 Cherry Star Vegetable Juice<br/>670 Fresh Fruit<br/>447 Mott's Apple White Grape Juice<br/>990 Chocolate Chip Cookie</p>  |
| <p><b>11</b><br/>271 Spaghetti &amp; Meatballs OR<br/>273 Rotini Bake<br/>623 Broccoli<br/>670 Fresh Fruit<br/>446 Mott's Apple Juice<br/>901 Honey Biscuit OR<br/>903 Maple Biscuit</p>  | <p><b>12</b><br/>234 Chicken Tenders with Potato Wedges OR<br/>269 Mini Corn Dog with Chicken Nuggets &amp; Potato Rounds<br/>631 Cherry Star Vegetable Juice<br/>695 Strawberry Mango Sidekick<br/>670 Fresh Fruit<br/>929 Keebler Cinnamon Elf Grahams</p>                              | <p><b>13</b><br/>219 Turkey Pepperoni Pinwheel OR<br/>263 5" Round Cheese Pizza<br/>632 Wango Mango Vegetable Juice<br/>611 Bagged Baby Carrots<br/>540 Garlic Hummus OR<br/>541 Chocolate Hummus<br/>689 Orange Mango Applesauce<br/>445 Mott's Fruit Punch Juice</p> | <p><b>14</b><br/>233 Popcorn Chicken with Sweet &amp; Sour Broccoli OR<br/>487 Chicken with Penne Pasta in Cream Sauce<br/>708 Romaine Salad with Spinach &amp; Chickpeas<br/>635 Calypso Crush Vegetable Juice<br/>640 Red Seedless Grapes<br/>691 Orange Amazin' Raisins<br/>901 Honey Biscuit OR<br/>910 Ciabatta Bread</p> | <p><b>15</b><br/>489 Salisbury Steak with Gravy OR<br/>480 Cheeseburger<br/>634 Hash Browns<br/>635 Calypso Crush Vegetable Juice<br/>670 Fresh Fruit<br/>447 Mott's Apple White Grape Juice<br/>902 Kaiser Roll</p>                          |
| <p><b>18</b><br/>203 Macaroni &amp; Cheese<br/>626 Sweet Garlic Peas<br/>631 Cherry Star Vegetable Juice<br/>670 Fresh Fruit<br/>647 Dole Mandarin Orange Cup<br/>903 Maple Biscuit<br/>932 Cinnamon Scooby Snacks</p>  | <p><b>19</b><br/>482 Grilled Chicken Fillet OR<br/>217 Teriyaki Chicken with Rice<br/>635 Calypso Crush Vegetable Juice<br/>624 Garlic Green Beans<br/>670 Fresh Fruit<br/>445 Mott's Fruit Punch Juice<br/>902 Kaiser Roll</p>   | <p><b>20</b><br/>205 Popcorn Chicken<br/>704 French Fries<br/>631 Cherry Star Vegetable Juice<br/>685 "Happy Birthday" Water Ice<br/>670 Fresh Fruit<br/>992 Oatmeal Cookie</p>  | <p><b>21</b><br/>253 Hot Dog with French Fries<br/>603 Maple Baked Beans<br/>670 Fresh Fruit<br/>446 Mott's Apple Juice<br/>991 Keebler "Despicable Me" Honey Grahams<br/>907 Hot Dog Bun</p>  | <p><b>22</b><br/>223 Veggie Pinwheel OR<br/>252 Cheeseburger Mac<br/>706 Romaine Salad with Cherry Tomatoes<br/>632 Wango Mango Vegetable Juice<br/>670 Fresh Fruit<br/>929 Keebler Cinnamon Elf Grahams<br/>445 Mott's Fruit Punch Juice</p> |
| <p><b>25</b><br/>234 Chicken Tenders with Potato Wedges OR<br/>269 Mini Corn Dog with Chicken Nuggets &amp; Potato Rounds<br/>611 Bagged Baby Carrots<br/>542 Harvest Pumpkin Hummus OR<br/>541 Chocolate Hummus<br/>694 Kiwi Strawberry Sidekick<br/>670 Fresh Fruit<br/>904 Wheat Bread</p> | <p><b>26</b><br/>273 Rotini Bake OR<br/>292 Penne Pasta with Meat Sauce<br/>623 Broccoli<br/>446 Mott's Apple Juice<br/>670 Fresh Fruit<br/>901 Honey Biscuit OR<br/>908 Dinner Roll</p>  | <p><b>27</b><br/>213 Chicken Taco Meat &amp; 902 Kaiser Roll OR<br/>264 4x6" Cheese Pizza<br/>634 Hash Browns<br/>635 Calypso Crush Vegetable Juice<br/>697 Bagged Apple Slices<br/>691 Orange Amazin' Raisins</p>   | <p><b>28</b><br/>483 Chicken Nuggets OR<br/>485 Swiss Steak &amp; 902 Kaiser Roll<br/>708 Romaine Salad with Spinach &amp; Chickpeas<br/>628 Mixed Vegetables<br/>641 Fresh Cut Pineapple<br/>689 Orange Mango Applesauce<br/>932 Keebler Cinnamon Scooby Snacks</p>   | <p><b>29</b><br/>226 Philly Cheesesteak Pinwheel OR<br/>272 Four Cheese Panini<br/>635 Calypso Crush Vegetable Juice<br/>634 Hash Browns<br/>670 Fresh Fruit<br/>445 Mott's Fruit Punch Juice<br/>990 Chocolate Chip Cookie</p>               |

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

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SchoolMealsNDS

NDSSchoolLunchProgram

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[www.nutritionaldevelopmentservices.org](http://www.nutritionaldevelopmentservices.org)

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.