



# May 2018



## High School Lunch

### Monday Tuesday Wednesday Thursday Friday

**30**  
 289 Pancakes with Sausage OR  
 272 Four Cheese Panini  
 634 Hash Brown  
 635 Calypso Crush Vegetable Juice  
 670 Fresh Fruit  
 684 Wild Watermelon Applesauce

**7**  
 271 Spaghetti & Meatballs OR  
 273 Rotini Bake  
 623 Broccoli  
 670 Fresh Fruit  
 446 Mott's Apple Juice  
 901 Honey Biscuit OR  
 903 Maple Biscuit

**14**  
 211 Sloppy Joe OR  
 220 Taco Meat  
 626 Sweet Garlic Peas  
 670 Fresh Fruit  
 647 Dole Mandarin Orange Cup  
 900 Panini Bread OR  
 902 Kaiser Roll  
 932 Cinnamon Scooby Snacks

**21**  
 234 Chicken Tenders with Potato Wedges OR  
 269 Mini Corn Dogs with Chicken Nuggets & Potato Rounds  
 611 Bagged Baby Carrots  
 542 Harvest Pumpkin Hummus OR  
 541 Chocolate Hummus  
 694 Kiwi Strawberry Sidekick  
 670 Fresh Fruit  
 904 Wheat Bread

**28**  
**Memorial Day**

**1**  
 253 Hot Dog with French Fries & 907 Hot Dog Bun OR  
 282 Chicken Fries with Tri-Tators  
 611 Bagged Baby Carrots  
 670 Fresh Fruit  
 608 Dole Tropical Fruit Cup  
 991 "Despicable Me" Honey Grahams

**8**  
 234 Chicken Tenders with Potato Wedges OR  
 269 Mini Corn Dogs with Chicken Nuggets & Potato Rounds  
 631 Cherry Star Vegetable Juice  
 695 Strawberry Mango Sidekick  
 670 Fresh Fruit  
 929 Cinnamon Elf Grahams

**15**  
 482 Grilled Chicken Fillet OR  
 217 Teriyaki Chicken with Rice  
 635 Calypso Crush Vegetable Juice  
 624 Garlic Green Beans  
 670 Fresh Fruit  
 445 Mott's Fruit Punch Juice  
 902 Kaiser Roll

**22**  
 273 Rotini Bake OR  
 292 Penne Pasta with Meat Sauce  
 623 Broccoli  
 446 Mott's Apple Juice  
 670 Fresh Fruit  
 901 Honey Biscuit OR  
 908 Dinner Roll

**29**  
 253 Hot Dog with French Fries & 907 Hot Dog Bun  
 282 Chicken Fries with Tri-Tators  
 603 Maple Baked Beans  
 647 Dole Mandarin Orange Cup  
 670 Fresh Fruit  
 929 Cinnamon Elf Grahams

**2**  
 480 Cheeseburger OR  
 481 Hamburger  
 636 Fiesta Corn  
 603 Maple Baked Beans  
 446 Mott's Apple Juice  
 670 Fresh Fruit  
 902 Kaiser Roll

**9**  
 219 Turkey Pepperoni Pinwheel OR  
 263 5" Round Cheese Pizza  
 622 Marinara Sauce  
 611 Bagged Baby Carrots  
 540 Garlic Hummus OR  
 541 Chocolate Hummus  
 689 Orange Mango Applesauce  
 445 Mott's Fruit Punch Juice

**16**  
 205 Popcorn Chicken  
 704 French Fries  
 631 Cherry Star Vegetable Juice  
 685 Happy Birthday Water Ice  
 670 Fresh Fruit  
 992 Oatmeal Cookie

**23**  
 213 Chicken Taco Meat & 902 Kaiser Roll  
 264 4x6" Cheese Pizza  
 634 Hash Brown  
 635 Calypso Crush Vegetable Juice  
 697 Bagged Sliced Apples  
 691 Orange Amazin' Raisins

**30**  
 481 Hamburger OR  
 480 Cheeseburger  
 634 Hash Brown  
 631 Cherry Star Vegetable Juice  
 670 Fresh Fruit  
 445 Mott's Fruit Punch Juice  
 902 Kaiser Roll

**3**  
 225 Cheesy Taco Meat & 944 Tostitos Top 'N' Go OR  
 262 Ranchero Beef Pizza & 941 Tostitos Scoops  
 620 Salsa  
 706 Romaine Salad with Cherry Tomatoes  
 445 Mott's Fruit Punch Juice  
 670 Fresh Fruit

**10**  
 233 Popcorn Chicken with Sweet & Sour Broccoli OR  
 487 Penne Pasta with Chicken in Cream Sauce  
 708 Romaine Salad with Spinach and Chickpeas  
 635 Calypso Crush Vegetable Juice  
 640 Red Seedless Grapes  
 691 Orange Amazin' Raisins  
 901 Honey Biscuit OR  
 910 Ciabatta Bread

**17**  
 253 Hot Dog with French Fries & 907 Hot Dog Bun OR  
 282 Chicken Fries with Tri-Tators  
 603 Maple Baked Beans  
 670 Fresh Fruit  
 446 Mott's Apple Juice  
 991 "Despicable Me" Honey Grahams

**24**  
 251 Chicken Nuggets OR  
 485 Swiss Steak & 902 Kaiser Roll  
 708 Romaine Salad with Spinach & Chickpeas  
 628 Mixed Vegetables  
 641 Fresh Cut Pineapple  
 689 Orange Mango Applesauce  
 932 Cinnamon Scooby Snacks

**31**  
 233 Popcorn Chicken with Sweet & Sour Broccoli OR  
 234 Chicken Tenders with Potato Wedges  
 635 Calypso Crush Vegetable Juice  
 524 Corn Cobbette  
 447 Mott's Apple White Grape Juice  
 670 Fresh Fruit  
 991 "Despicable Me" Honey Grahams

**4**  
 255 Cheese Stuffed Breadsticks  
 622 Marinara Sauce  
 631 Cherry Star Vegetable Juice  
 670 Fresh Fruit  
 447 Mott's Apple White Grape Juice  
 990 Chocolate Chip Cookie

**11**  
 489 Salisbury Steak with Gravy OR  
 480 Cheeseburger  
 610 Mashed Potatoes  
 635 Calypso Crush Vegetable Juice  
 670 Fresh Fruit  
 447 Mott's Apple White Grape Juice  
 904 Wheat Bread OR  
 902 Kaiser Roll

**18**  
 223 Veggie Pinwheel OR  
 252 Cheeseburger Macaroni  
 706 Romaine Salad with Cherry Tomatoes  
 632 Wango Mango Vegetable Juice  
 670 Fresh Fruit  
 929 Cinnamon Elf Grahams  
 445 Mott's Fruit Punch Juice

**25**  
 226 Philly Cheesesteak Pinwheel OR  
 272 Four Cheese Panini  
 635 Calypso Crush Vegetable Juice  
 634 Hash Brown  
 670 Fresh Fruit  
 445 Mott's Fruit Punch Juice  
 990 Chocolate Chip Cookie

**1**  
 265 Chicken Ranch Flatbread OR  
 227 BBQ Chicken & Cheese Wrap  
 706 Romaine Salad with Cherry Tomatoes  
 632 Wango Mango Vegetable Juice  
 670 Fresh Fruit  
 608 Dole Tropical Fruit Cup  
 992 Oatmeal Cookie

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**Archdiocese of Philadelphia**  
**222 N. 17th Street**  
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**215-895-3470**

SchoolMealsNDS

NDSSchoolLunchProgram

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[www.nutritionaldevelopmentservices.org](http://www.nutritionaldevelopmentservices.org)

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.