



# March 2018



## Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>5</b> 253 Hot Dog with French Fries &amp; 907 Hot Dog Bun OR 282 Chicken Fries with Tri-Tators 603 Maple Baked Beans 670 Fresh Fruit 446 Mott's Apple Juice 992 Oatmeal Cookie</p> <p><b>12</b> 272 Four Cheese Panini OR 482 Grilled Chicken Fillet &amp; 902 Kaiser Roll 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus OR 545 Cranberry Orange Hummus 670 Fresh Fruit 445 Mott's Fruit Punch Juice</p> <p><b>19</b> 289 Pancakes with Sausage OR 272 Four Cheese Panini 634 Hash Browns 635 Calypso Crush Vegetable Juice 684 Wild Watermelon Applesauce 670 Fresh Fruit</p> <p><b>26</b> 271 Spaghetti with Meatballs OR 273 Rotini Bake 670 Fresh Fruit 446 Mott's Apple Juice 903 Maple Biscuit OR 901 Honey Biscuit</p>	<p><b>6</b> 480 Hamburger OR 481 Cheeseburger 634 Hash Browns 631 Cherry Star Vegetable Juice 670 Fresh Fruit 689 Orange Mango Applesauce 902 Kaiser Roll</p> <p><b>13</b> 269 Mini Corn Dog with Chicken Nuggets &amp; Potato Rounds &amp; 904 Wheat Bread OR 204 Chicken Parmesan &amp; 902 Kaiser Roll 624 Garlic Butter Green Beans 447 Mott's Apple White Grape Juice 670 Fresh Fruit</p> <p><b>20</b> 253 Hot Dog with French Fries &amp; 907 Hot Dog Bun OR 282 Chicken Fries with Tri-Tators 611 Bagged Baby Carrots 670 Fresh Fruit 608 Dole Tropical Fruit Cup 991 "Despicable Me" Honey Grahams</p> <p><b>27</b> 234 Chicken Tenders with Potato Wedges OR 269 Mini Corn Dog with Chicken Nuggets &amp; Potato Rounds 631 Cherry Star Vegetable Juice 670 Fresh Fruit 695 Strawberry &amp; Mango Sidekick 929 Keebler Elf Grahams</p>	<p><b>7</b> 233 Popcorn Chicken with Sweet &amp; Sour Broccoli OR 234 Chicken Tenders with Potato Wedges 635 Calypso Crush Vegetable Juice 447 Mott's Apple White Grape Juice 670 Fresh Fruit 991 "Despicable Me" Honey Grahams</p> <p><b>14</b> 211 Sloppy Joes OR 294 Meatballs with Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit 608 Dole Tropical Fruit Cup 902 Kaiser Roll 929 Keebler Elf Grahams</p> <p><b>21</b> 480 Hamburger OR 481 Cheeseburger 636 Fiesta Corn 603 Maple Baked Beans 446 Mott's Apple Juice 670 Fresh Fruit 902 Kaiser Roll</p> <p><b>28</b> 264 4x6" Cheese Pizza OR 263 5" Round Cheese Pizza 704 French Fries 608 Dole Tropical Fruit Cup 447 Mott's Apple White Grape Juice</p>	<p><b>8</b> 273 Rotini Bake OR 292 Wheat Penne Pasta 445 Mott's Fruit Punch Juice 670 Fresh Fruit 903 Maple Biscuit OR 901 Honey Biscuit</p> <p><b>15</b> 205 Popcorn Chicken 708 Romaine Salad with Spinach &amp; Chickpeas 446 Mott's Apple Juice 648 Orange Wedges 993 Shamrock Cookie</p> <p><b>22</b> 262 Ranchero Beef Pizza &amp; 941 Tostitos Scoops OR 225 Cheesy Taco Meat &amp; 944 Tostitos Top N' Go 706 Romaine Salad with Cherry Tomatoes 620 Salsa Cup 445 Mott's Fruit Punch Juice 653 Fresh Mango</p> <p><b>29</b> <b>Holy Thursday</b></p>	<p><b>9</b> 203 Mac &amp; Cheese OR 208 Fish Fillet 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit 647 Dole Mandarin Oranges 901 Honey Biscuit OR 902 Kaiser Roll</p> <p><b>16</b> 264 4x6" Cheese Pizza OR 263 5" Round Cheese Pizza 643 Hash Browns 685 "Luck O' The Ice" Water Ice 670 Fresh Fruit</p> <p><b>23</b> 255 Cheese Stuffed Breadsticks 482 Marinara Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit 447 Mott's Apple White Grape Juice 990 Chocolate Chip Cookie</p> <p><b>30</b> <b>Good Friday</b></p>

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**Archdiocese of Philadelphia**  
**222 N. 17th Street**  
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**215-895-3470**

SchoolMealsNDS

NDSchoolLunchProgram

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[www.nutritionaldevelopmentservices.org](http://www.nutritionaldevelopmentservices.org)

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.