



March 2018



High School Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nutritional Development Services Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.</p> <hr/> <p>Archdiocese of Philadelphia 222 N. 17th Street Philadelphia, PA 19103 215-895-3470</p> <p> SchoolMealsNDS NDSSchoolLunchProgram SchoolMealsNDS www.nutritionaldevelopmentservices.org</p> <p>PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.</p>	<p>5 253 Hot Dog with French Fries & 907 Hot Dog Bun OR 282 Chicken Fries with Tri-Tators 603 Maple Baked Beans 670 Fresh Fruit 446 Mott's Apple Juice 992 Oatmeal Cookie</p>	<p>6 481 Hamburger OR 480 Cheeseburger 634 Hash Browns 631 Cherry Star Vegetable Juice 670 Fresh Fruit 689 Orange Mango Applesauce 902 Kaiser Roll</p>	<p>7 233 Popcorn Chicken with Sweet & Sour Broccoli OR 234 Chicken Tenders with Potato Wedges 635 Calypso Crush Vegetable Juice 524 Corn Cobbette 447 Mott's Apple White Grape Juice 670 Fresh Fruit 991 "Despicable Me" Honey Grahams</p>	<p>8 273 Rotini Bake OR 292 Wheat Penne Pasta 623 Broccoli 445 Mott's Fruit Punch Juice 670 Fresh Fruit 903 Maple Biscuits OR 901 Honey Biscuits</p>	<p>9 203 Mac & Cheese OR 208 Fish Fillet 706 Romaine Salad with Cherry Tomatoes 624 Garlic Butter Green Beans 670 Fresh Fruit 647 Dole Mandarin Oranges 901 Honey Biscuit OR 902 Kaiser Roll</p>
	<p>12 272 Four Cheese Panini OR 482 Grilled Chicken Fillet & 902 Kaiser Roll 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus OR 545 Cranberry Orange Hummus 635 Calypso Crush Vegetable Juice 670 Fresh Fruit 445 Mott's Fruit Punch Juice</p>	<p>13 269 Mini Corn Dog with Chicken Nuggets & Potato Rounds & 904 Wheat Bread OR 204 Chicken Parmesan & 902 Kaiser Roll 624 Garlic Butter Green Beans 629 Corn & Carrots 447 Mott's Apple White Grape Juice 670 Fresh Fruit</p>	<p>14 211 Sloppy Joes OR 294 Meatballs with Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit 608 Dole Tropical Fruit Cup 902 Kaiser Roll 929 Keebler Elf Grahams</p>	<p>15 205 Popcorn Chicken 708 Romaine Salad with Spinach & Chickpeas 611 Bagged Baby Carrots 446 Mott's Apple Juice 648 Orange Wedges 993 Shamrock Cookie</p>	<p>16 264 4x6" Cheese Pizza OR 263 5" Round Cheese Pizza 634 Hash Browns 632 Wango Mango Vegetable Juice 685 "Luck O' The Ice" Water Ice 670 Fresh Fruit</p>
	<p>19 289 Pancakes with Sausage OR 272 Four Cheese Panini 634 Hash Browns 635 Calypso Crush Vegetable Juice 684 Wild Watermelon Applesauce 670 Fresh Fruit</p>	<p>20 253 Hot Dog with French Fries & 907 Hot Dog Bun OR 282 Chicken Fries with Tri-Tators 611 Bagged Baby Carrots 670 Fresh Fruit 608 Dole Tropical Fruit Cup 991 "Despicable Me" Honey Grahams</p>	<p>21 481 Hamburger OR 480 Cheeseburger 636 Fiesta Corn 603 Maple Baked Beans 446 Mott's Apple Juice 670 Fresh Fruit 902 Kaiser Roll</p>	<p>22 262 Ranchero Beef Pizza & 941 Tostitos Scoops OR 225 Cheesy Taco Meat & 944 Tostitos Top N' Go 706 Romaine Salad with Cherry Tomatoes 620 Salsa Cup 445 Mott's Fruit Punch Juice 653 Fresh Mango</p>	<p>23 255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 670 Fresh Fruit 447 Mott's Apple White Grape Juice 990 Chocolate Chip Cookie</p>
<p>26 271 Spaghetti with Meatballs OR 273 Rotini Bake 623 Chopped Broccoli 670 Fresh Fruit 446 Mott's Apple Juice 903 Maple Biscuits OR 901 Honey Biscuits</p>	<p>27 234 Chicken Tenders with Potato Wedges OR 269 Mini Corn Dog with Chicken Nuggets & Potato Rounds 631 Cherry Star Vegetable Juice 628 Mixed Vegetables 670 Fresh Fruit 695 Strawberry & Mango Sidekick 929 Keebler Elf Grahams</p>	<p>28 264 4x6" Cheese Pizza OR 263 5" Round Cheese Pizza 704 French Fries 608 Dole Tropical Fruit Cup 447 Mott's Apple White Grape Juice</p>	<p>29 Holy Thursday</p>	<p>30 Good Friday</p>	