

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Each week, there will be a different breakfast entrée offered as an **alternate**. You will see this on the menu each Monday, but it is available every day of that week!

327 Pillsbury Mini Maple Waffles **5**  
OR  
366 Blueberry Bagel  
670 Fresh Fruit  
445 Mott's Fruit Punch Juice  
**Alternate: 323 Apple Cinnamon Muffin**

359 Honey Scooters Cereal OR **6**  
362 Raisin Bran Cereal  
689 Birthday Cake Applesauce  
446 Mott's Apple Juice

309 Apple Jammer Sticks OR **7**  
323 Apple Cinnamon Muffin  
670 Fresh Fruit  
658 Dried Fruit Blend

304 Cinnamon Bagel-fuls OR **8**  
367 Cinnamon Raisin Bagel  
670 Fresh Fruit  
690 Strawberry Amazin' Raisins

303 Egg, Cheese & Turkey **9**  
Bacon Toast OR  
329 Trix Cereal Bar  
670 Fresh Fruit  
447 Mott's Apple White Grape Juice

334 Cinnamon Toast Crunch **12**  
Cereal OR  
359 Honey Scooters Cereal  
670 Fresh Fruit  
446 Mott's Apple Juice  
**Alternate: 327 Mini Maple Waffles**

319 Orange Cranberry Muffin **13**  
OR  
316 Chicken Biscuit  
689 Birthday Cake Applesauce  
647 Dole Mandarin Oranges

336 Pillsbury Strawberry **14**  
Pancakes OR  
368 Plain Bagel  
670 Fresh Fruit  
696 Raisins

306 Apple Baked Frudel OR **15**  
328 Chocolate Chip Muffin  
445 Mott's Fruit Punch Juice  
670 Fresh Fruit

350 Apple Cinnamon **16**  
Cheerios Bar OR  
311 Cheese Omelet in Pita  
608 Dole Tropical Fruit Cup  
696 Raisins

304 Cinnamon Bagel-fuls OR **19**  
313 Cranberry Apple Rebel  
Crumble  
689 Orange Mango Applesauce  
692 Peach Amazin' Raisins  
**Alternate: 334 Cinnamon Toast Crunch**

307 Cherry Baked Frudel OR **20**  
365 Cinnamon Frosted Flakes  
Pouch  
670 Fresh Fruit  
447 Mott's Apple White Grape Juice

328 Chocolate Chip Muffin OR **21**  
370 Apple Fruit Pocket  
608 Dole Tropical Fruit Cup  
446 Mott's Apple Juice

338 French Toast Sticks OR **22**  
308 Strawberry Mini Bagel  
670 Fresh Fruit  
445 Mott's Fruit Punch Juice

309 Apple Jammer Stick OR **23**  
322 Blueberry Muffin  
670 Fresh Fruit  
609 Dole Mixed Fruit Cup

306 Apple Baked Frudel OR **26**  
321 Banana Muffin  
670 Fresh Fruit  
446 Mott's Apple Juice  
**Alt: 328 Chocolate Chip Muffin**

303 Egg, Cheese & Turkey **27**  
Bacon Toast OR  
329 Trix Cereal Bar  
688 Applesauce  
670 Fresh Fruit

334 Cinnamon Toast Crunch **28**  
Cereal OR  
359 Honey Scooters Cereal  
647 Dole Mandarin Oranges  
696 Raisins

**29**  
**Holy Thursday**

**30**  
**Good Friday**