

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday



Tuesday

Wednesday

Thursday

Friday

Please note: Starting in January, pre-kindergarten students are now served a different entrée, highlighted below, each day. Only white milk will be offered to pre-kindergarten students. Thank you!

327 Pillsbury Mini Maple Waffles **5**
OR
366 Blueberry Bagel
670 Fresh Fruit
749 Apple Cherry Juice
PreK: 343 Rice Chex Cereal

359 Honey Scooters Cereal OR **6**
362 Raisin Bran Cereal
689 Birthday Cake Applesauce
670 Fresh Fruit
PreK: 337 Eggo Blueberry Pancakes

309 Apple Jammer Sticks OR **7**
323 Apple Cinnamon Muffin
670 Fresh Fruit
658 Dried Fruit Blend
PreK: 339 Orange Cranberry Muffin

304 Cinnamon Bagel-fuls OR **8**
367 Cinnamon Raisin Bagel
670 Fresh Fruit
690 Strawberry Amazin' Raisins
PreK: 332 Apple Cinnamon Muffin

303 Egg, Cheese & Turkey Bacon Toast OR **9**
329 Trix Cereal Bar
670 Fresh Fruit
750 Apple Juice
PreK: 347 Alpha Bits Cereal

334 Cinnamon Toast Crunch Cereal OR **12**
359 Honey Scooters Cereal
670 Fresh Fruit
749 Apple Cherry Juice
PreK: 369 Berry Blast French Toast

319 Orange Cranberry Muffin OR **13**
316 Chicken Biscuit
689 Birthday Cake Applesauce
647 Dole Mandarin Oranges
PreK: 344 Honey Scooters Cereal

336 Pillsbury Strawberry Pancakes OR **14**
368 Plain Bagel
670 Fresh Fruit
696 Raisins
PreK: 346 Kix Cereal

306 Apple Baked Frudel OR **15**
328 Chocolate Chip Muffin
752 Fruit Punch Juice
670 Fresh Fruit
PreK: 330 Blueberry Muffin

350 Apple Cinnamon Cheerios Bar OR **16**
311 Cheese Omelet in Pita
608 Dole Tropical Fruit Cup
696 Raisins
PreK: 366 Blueberry Bagel

304 Cinnamon Bagel-fuls OR **19**
313 Cranberry Apple Rebel Crumble
689 Orange Mango Applesauce
692 Peach Amazin' Raisins
PreK: 343 Rice Chex Cereal

307 Cherry Baked Frudel OR **20**
365 Cinnamon Frosted Flakes Pouch
670 Fresh Fruit
749 Apple Cherry Juice
PreK: 366 Blueberry Bagel

328 Chocolate Chip Muffin OR **21**
370 Apple Fruit Pocket
608 Dole Tropical Fruit Cup
670 Fresh Fruit
PreK: 340 Sweet Potato Muffin

338 French Toast Sticks OR **22**
308 Strawberry Mini Bagel
670 Fresh Fruit
750 Apple Juice
PreK: 330 Blueberry Muffin

309 Apple Jammer Stick OR **23**
322 Blueberry Muffin
670 Fresh Fruit
609 Dole Mixed Fruit Cup
PreK: 347 Alpha Bits Cereal

306 Apple Baked Frudel OR **26**
321 Banana Muffin
670 Fresh Fruit
750 Apple Juice
PreK: 369 Berry Blast French Toast

303 Egg, Cheese & Turkey Bacon Toast OR **27**
329 Trix Cereal Bar
688 Applesauce
670 Fresh Fruit
PreK: 344 Honey Scooters Cereal

334 Cinnamon Toast Crunch Cereal OR **28**
359 Honey Scooters Cereal
647 Dole Mandarin Oranges
696 Raisins
PreK: 346 Kix Cereal

29
Holy Thursday

30
Good Friday