



February 2018



Middle School Lunch

Monday

5
 #289 Pancakes w. Sausage
 OR
 #272 Four Cheese Panini
 #634 Hash Browns
 #635 Calypso Crush Veg Juice
 #684 Wild Watermelon Applesauce
 #670 Fresh Fruit

12
 #271 Spaghetti w. Meatballs
 OR
 #273 Rotini Bake
 #670 Fresh Fruit
 #446 Mott's Apple Juice
 #903 Maple Biscuits OR
 #901 Honey Biscuits

19
 #294 Meatballs w. Sauce OR
 #488 Swedish Meatballs
 #636 Fiesta Corn
 #446 Mott's Apple Juice
 #670 Fresh Fruit
 #932 Keebler Scooby Snacks
 #907 Hot Dog Bun OR
 #910 Ciabatta Bread

26
 #234 Chicken Tenders w. Wedges
 OR
 #269 Mini Corn Dog, Nugg & Potato
 #611 Bagged Carrots
 #542 OR #545 Hummus
 #694 Kiwi & Straw Sidekick
 #670 Fresh Fruit
 #904 Wheat Bread

Tuesday

6
 #253 Hot Dog w. French Fries
 #907 Hot Dog Bun
 OR
 #282 Chicken Fries w. Wedges
 #611 Bagged Baby Carrots
 #670 Fresh Fruit
 #608 Dole Tropical Fruit Cup
 #991 Minion Honey Grahams

13
 #234 Chicken Tenders w. Wedges
 OR
 #269 Mini Corn Dog w. Nugg & Potatoes
 #631 Cherry Star Veg Juice
 #670 Fresh Fruit
 #695 Straw & Mango Sidekick
 #929 Keebler Elf Grahams

20
 #482 Grilled Chicken Fillet
 OR
 #217 Teriyaki Chicken w. Rice
 #635 Calypso Crush Veg Juice
 #624 Garlic Butter Green Beans
 #670 Fresh Fruit
 #447 Mott's Apple White Grape
 #902 Kaiser Roll

27
 #273 Rotini Bake
 OR
 #292 Wheat Penne Pasta
 #446 Mott's Apple Juice
 #670 Fresh Fruit
 #901 Honey Biscuits OR
 #908 Dinner Roll

Wednesday

7
 #480 Hamburger
 OR
 #481 Cheeseburger
 #636 Fiesta Corn
 #603 Maple Baked Beans
 #446 Mott's Apple Juice
 #670 Fresh Fruit
 #902 Kaiser Roll

14
 #218 Mozzarella Pinwheel
 OR
 #410 Toasted Cheese Sandwich
 #134 Cherry Vanilla Yogurt
 #611 Bagged Baby Carrots
 #541 OR #540 Hummus
 #685 Cherry Sweet Heart Ice
 #689 Orange Mango Applesauce
 #993 Heart Cookie

21
 #253 Hot Dog w. French Fries
 #907 Hot Dog Bun
 OR
 #282 Chicken Fries w. Wedges
 #603 Maple Baked Beans
 #670 Fresh Fruit
 #695 Strawberry Mango Sidekick
 #990 Choc Chip Cookie

28
 #204 Chicken Parmesan
 #902 Kaiser Roll
 OR
 #264 4x6 Cheese Pizza
 #634 Hash Browns
 #697 Bagged Apple Slices
 #691 Orange Amazin' Raisins

Thursday

8
 #262 Ranchero Beef Pizza
 #941 Tostito Scoops
 OR
Walking Taco Day!!
Cheesy Taco Meat
 #706 Romaine w. Cherry Tomato
Salsa Cup
Tostito Top N' Go
 #445 Mott's Fruit Punch Juice

15
#233 Popcorn Chicken w. Sweet & Sour Broccoli OR
 #487 Chicken w. Penne & Sauce
 #704 French Fries
 #635 Calypso Crush Veg Juice
 #445 Mott's Fruit Punch
 #670 Fresh Fruit
 #901 Honey Biscuits OR
 #908 Dinner Roll

22
#265 Chicken Ranch Flatbread
Pizza
 OR
 #205 Popcorn Chicken
 #992 Oatmeal Cookie
 #634 Hash Browns
 #631 Cherry Star Veg Juice
 #670 Fresh Fruit
 #696 Raisins

1
 #483 Chicken Nuggets
 OR
 #485 Swiss Steak
 #902 Kaiser Roll
 #708 Romaine w. Spinach & Chickpeas
 #670 Fresh Fruit
 #689 Orange Mango Applesauce
 #932 Keebler Scooby Snacks

Friday

9
 #255 Cheese Stuffed Breadsticks
 #622 Marinara Sauce
 #631 Cherry Star Veg Juice
 #670 Fresh Fruit
 #447 Mott's Apple White Grape
 #990 Choc Chip Cookie

16
 #264 4x6 Cheese Pizza
 OR
 #263 5' Round Cheese Pizza
 #708 Romaine w. Spinach & Chickpeas
 #608 Dole Tropical Fruit Cup
 #447 Mott's Apple White Grape

23
 #208 Fish Fillet
 OR
 #203 Mac & Cheese
 #706 Romaine w. Cherry Tomato
 #445 Mott's Fruit Punch Juice
 #670 Fresh Fruit
 #902 Kaiser Roll OR
 #903 Maple Biscuit

2
 #272 Four Cheese Panini
 OR
 #223 Veggie Pinwheel
 #622 Marinara Sauce
 #635 Calypso Crush Veg Juice
 #670 Fresh Fruit
 #445 Mott's Fruit Punch Juice
 #932 Keebler Scooby Snacks

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SchoolMealsNDS

NDSSchoolLunchProgram

SchoolMealsNDS

www.nutritionaldevelopmentservices.org

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.