

February 2018

BREAKFAST High School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

Tuesday

Wednesday

Thursday

Friday

Each week, there will be a different breakfast entrée offered as an **alternate**. You will see this on the menu each Monday, but it is available every day of that week!

#304 Cinn Bagelfuls
OR
#313 Cranberry Apple Crumble
#689 Orange Mango Applesauce
#692 Peach Amazin Raisins
Alt: #334 Cinn Toast Crunch Cup

5

#307 Cherry Baked Frudel
OR
#365 Cinn Frosted Flakes Pouch
#670 Fresh Fruit
#447 Mott's Apple White Grape Juice

6

#328 Choc Chip Muffin
OR
#370 Apple Fruit Pocket
608 Dole Tropical Fruit Cup
#446 Mott's Apple Juice

7

#338 French Toast Sticks
OR
#308 Strawberry Mini Bagel
670 Fresh Fruit
#445 Mott's Fruit Punch Juice

8

#309 Apple Jammer Stick
OR
#322 Blueberry Muffin
670 Fresh Fruit
609 Dole Mixed Fruit Cup

9

#306 Apple Baked Frudel
OR
#321 Banana Muffin
670 Fresh Fruit
#446 Mott's Apple Juice
Alt: #328 Choc Chip Muffin

12

#303 Egg Cheese & Tky Bacon
on Toast
OR
#329 Trix Cereal Bar
688 Applesauce
670 Fresh Fruit

13

Valentine's Day & Lent Starts
#334 Cinn Toast Crunch Cup
OR
#359 Honey Scooters
647 Dole Mandarin Orange Cup
696 Raisins

14

#315 Apple Cinnamon Toast
OR
#319 Orange Cran Muffin
670 Fresh Fruit
#447 Mott's Apple White Grape

15

**Chinese New Year
Chester & CCCS & Freire Closed**
#367 Cinn Raisin Bagel
OR
#369 Pillsbury Berry Blast Mini French Toast
#445 Mott's Fruit Punch Juice
670 Fresh Fruit

16

Presidents' DayPSD & Chester Closed
#334 Cinn Toast Crunch Cup OR
#336 Pillsbury Strawberry Pancakes
609 Dole Mixed Fruit Cup
690 Strawberry Amazin Raisins
Alt #369 Pillsbury Berry Blast Mini French Toast

19

#311 Cheese Omelet on Pita (1.25B)
OR
#350 Apple Cinn Cheerios Bar (1B)
658 Dried Fruit Blend
#447 Mott's Apple White Grape Juice

20

#338 French Toast Sticks
OR
#368 Plain Bagel
670 Fresh Fruit
#446 Mott's Apple Juice

21

#367 Cinn Raisin Bagel
OR
#328 Choc Chip Muffin
684 Watermelon Applesauce
670 Fresh Fruit

22

#327 Pillsbury Maple Mini Waffles
OR
#366 Blueberry Bagel
670 Fresh Fruit
#445 Mott's Fruit Punch Juice

23

#305 Pancakes
OR
#370 Apple Fruit Pocket
#670 Fresh Fruit
#446 Mott's Apple Juice
Alt: #327 Pillsbury Maple Mini Waffles

26

#306 Apple Baked Frudel
OR
#329 Trix Cereal Bar (1B)
670 Fresh Fruit
#447 Mott's Apple White Grape

27

#323 Apple Cinn Muffin
OR
#368 Plain Bagel
670 Fresh Fruit
691 Orange Amazin Raisins

28

#334 Cinn Toast Crunch Cup
OR
##362 Raisin Bran
647 Dole Mandarin Orange Cup
670 Fresh Fruit

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#337 Eggo Blueberry Pancakes
OR
#367 Cinn Raisin Bagel
697 Bagged Apple Slices
#445 Mott's Fruit Punch Juice

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