

November 2017

BREAKFAST High School

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday



Tuesday

Wednesday

Thursday

Friday

Each week, there will be a different breakfast entrée offered as an **alternate**. You will see this on the menu each Monday, but it is available every day of that week!

327 Pillsbury Mini Maple Waffles OR
366 Blueberry Bagel
670 Fresh Fruit
446 Mott's Apple Juice
Alternate: 328 Chocolate Chip Muffin

359 Honey Scooters Cereal OR
362 Raisin Bran
689 Birthday Cake Applesauce
445 Mott's Fruit Punch Juice

309 Apple Jammer Sticks OR
323 Apple Cinnamon Muffin
670 Fresh Fruit
658 Dried Fruit Blend

304 Cinnamon Bagel-fuls OR
367 Cinnamon Raisin Bagel
670 Fresh Fruit
447 Mott's Apple White Grape Juice

303 Egg, Cheese, & Turkey Bacon Toast OR
329 Trix Cereal Bar
670 Fresh Fruit
609 Dole Mixed Fruit Cup

307 Cherry Baked Frudel OR
368 Plain Bagel
670 Fresh Fruit
691 Orange Amazin' Raisins
Alternate: 304 Cinnamon Bagel-fuls

369 Pillsbury Berry Blast French Toast OR
321 Banana Muffin
670 Fresh Fruit
689 Birthday Cake Applesauce

334 Cinnamon Toast Crunch Cereal OR
313 Cranberry Apple Rebel Crumble
647 Dole Mandarin Oranges
446 Mott's Apple Juice

308 Strawberry Filled Bagel OR
367 Cinnamon Raisin Bagel
697 Bagged Apple Slices
445 Mott's Fruit Punch Juice

337 Eggo Blueberry Pancakes OR
322 Blueberry Muffin
670 Fresh Fruit
447 Mott's Apple White Grape Juice

370 Apple Fruit Pocket OR
365 Cinnamon Frosted Flakes Pouch
670 Fresh Fruit
445 Mott's Fruit Punch Juice
Alternate: 369 Pillsbury French Toast

338 French Toast Sticks OR
366 Blueberry Bagel
690 Strawberry Amazin' Raisins
446 Mott's Apple Juice

350 Apple Cinnamon Cheerios Bar OR
311 Cheese Omelet in Pita
658 Dried Fruit Blend
447 Mott's Apple White Grape Juice

Thanksgiving

Thanksgiving

319 Orange Cranberry Muffin OR
367 Cinnamon Raisin Bagel
696 Raisins
446 Mott's Apple Juice
Alternate: 370 Apple Fruit Pocket

329 Trix Cereal Bar OR
303 Egg, Cheese, & Turkey Bacon Toast OR
689 Birthday Cake Applesauce
445 Mott's Fruit Punch Juice

336 Pillsbury Strawberry Pancake OR
368 Plain Bagel
670 Fresh Fruit
696 Raisins

315 Apple Cinnamon Toast OR
328 Chocolate Chip Muffin
691 Orange Amazin' Raisins
670 Fresh Fruit

305 Pancakes OR
313 Cranberry Apple Rebel Crumble
670 Fresh Fruit
447 Mott's Apple White Grape Juice