

October 2017

BREAKFAST Elementary

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

319 Orange Cranberry Muffin **2**
367 Cinnamon Raisin Bagel
670 Fresh Fruit
750 Apple Juice

Tuesday

329 Trix Cereal Bar OR **3**
303 Egg, Cheese & Turkey
Bacon Toast OR
688 Applesauce
752 Fruit Punch Juice

Wednesday

369 Pillsbury Berry Blast **4**
French Toast OR
370 Apple Fruit Pocket
608 Dole Tropical Fruit Cup
691 Orange Amazin' Raisins

Thursday

305 Pancakes OR **5**
313 Cranberry Apple Rebel Crumble
670 Fresh Fruit
753 Orange Juice

Friday

321 Banana Muffin OR **6**
368 Plain Bagel
670 Fresh Fruit
749 Apple Cherry Juice

306 Apple Baked Frudel OR **9**
328 Chocolate Chip Muffin
752 Fruit Punch Juice
670 Fresh Fruit

304 Cinnamon Bagel-fuls OR **10**
366 Blueberry Bagel
750 Apple Juice
658 Dried Fruit Blend

351 Cinnamon Toast Crunch **11**
Bar OR
325 Krave S'mores Cereal Pouch
670 Fresh Fruit
749 Apple Cherry Juice

359 Honey Scooters Cereal OR **12**
365 Kellogg's Cinnamon
Frosted Flakes
642 Dole Mandarin Oranges
748 Grape Juice

336 Pillsbury Strawberry **13**
Pancakes OR
368 Plain Bagel
670 Fresh Fruit
696 Raisins

327 Pillsbury Mini Maple **16**
Waffles OR
366 Blueberry Bagel
670 Fresh Fruit
749 Apple Cherry Juice

359 Honey Scooters Cereal **17**
OR
362 Raisin Bran
688 Applesauce
752 Fruit Punch Juice

309 Apple Jammer Sticks OR **18**
323 Apple Cinnamon Muffin
670 Fresh Fruit
658 Dried Fruit Blend

304 Cinnamon Bagel-fuls OR **19**
367 Cinnamon Raisin Bagel
670 Fresh Fruit
748 Grape Juice

303 Egg, Cheese & Turkey **20**
Bacon Toast OR
329 Trix Cereal Bar
670 Fresh Fruit
750 Apple Juice

307 Cherry Baked Frudel **23**
OR
368 Plain Bagel
670 Fresh Fruit
691 Orange Amazin Raisins

351 Cinnamon Toast Crunch **24**
Cereal Bar OR
325 Krave S'mores Cereal Pouch
647 Dole Mandarin Oranges
749 Apple Cherry Juice

369 Pillsbury Berry Blast **25**
French Toast OR
321 Banana Muffin
670 Fresh Fruit
688 Applesauce

308 Strawberry Filled Bagel **26**
OR
367 Cinnamon Raisin Bagel
697 Bagged Apple Slices
752 Fruit Punch Juice

337 Eggo Blueberry **27**
Pancakes OR
322 Blueberry Muffin
670 Fresh Fruit
753 Orange Juice

370 Apple Fruit Pocket **30**
OR
365 Cinnamon Frosted Flakes Pouch
670 Fresh Fruit
752 Fruit Punch Juice

315 Apple Cinnamon Toast **31**
OR
319 Orange Cranberry Muffin
688 Applesauce
670 Fresh Fruit

338 French Toast Sticks **1**
OR
366 Blueberry Bagel
690 Strawberry Amazin Raisins
749 Apple Cherry Juice

350 Apple Cinnamon Cheerios **2**
Bar OR
311 Cheese Omelet in Pita
608 Dole Tropical Fruit Cup
750 Apple Juice

304 Cinnamon Bagel-fuls OR **3**
328 Chocolate Chip Muffin
696 Raisins
670 Fresh Fruit