

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday



Tuesday

Wednesday



Thursday

Friday

323 Apple Cinnamon Muffin OR **5**
304 Cinnamon Bagel-fuls
670 Fresh Fruit
445 Mott's Fruit Punch Juice

303 Egg, Cheese & Turkey Bacon Toast OR **6**
319 Orange Cranberry Muffin
692 Peach Amazin' Raisins
670 Fresh Fruit

367 Cinnamon Raisin Bagel OR **7**
327 Pillsbury Maple Madness Mini Waffles
446 Mott's Apple Juice
658 Dried Fruit Blend

359 Honey Scooters Cereal OR **8**
362 Raisin Bran
688 Applesauce
608 Dole Tropical Fruit Cup

315 Apple Cinnamon Toast OR **9**
368 Plain Bagel
697 Bagged Apple Slices
447 Mott's Apple White Grape Juice

306 Apple Baked Frudel OR **12**
322 Blueberry Muffin
696 Raisins
446 Mott's Apple Juice

365 Cinnamon Frosted Flakes Pouch OR **13**
328 Chocolate Chip Muffin
647 Dole Mandarin Oranges
447 Mott's Apple White Grape Juice

370 Apple Fruit Pocket **14**
445 Mott's Fruit Punch Juice
670 Fresh Fruit

369 Pillsbury Berry Blast French Toast **15**
670 Fresh Fruit
688 Applesauce

367 Cinnamon Raisin Bagel **16**
670 Fresh Fruit
691 Orange Amazin' Raisins

309 Apple Jammer Sticks **19**
670 Fresh Fruit
445 Mott's Fruit Punch Juice

313 Cranberry Apple Rebel Crumble **20**
670 Fresh Fruit
608 Dole Tropical Fruit Cup

351 Cinnamon Toast Crunch Cereal Bar **21**
447 Mott's Apple White Grape Juice
697 Bagged Apple Slices

359 Honey Scooters Cereal **22**
670 Fresh Fruit
688 Applesauce

307 Apple Fruit Pocket **23**
670 Fresh Fruit
446 Mott's Apple Juice

328 Chocolate Chip Muffin **26**
447 Mott's Apple White Grape Juice
670 Fresh Fruit

308 Strawberry Filled Bagel **27**
670 Fresh Fruit
688 Applesauce

369 Pillsbury Berry Blast French Toast **28**
647 Dole Mandarin Oranges
445 Mott's Fruit Punch

367 Cinnamon Raisin Bagel **29**
642 Fresh Cantaloupe
691 Orange Amazin' Raisins

351 Cinnamon Toast Crunch Cereal Bar **30**
446 Mott's Apple Juice
670 Fresh Fruit