

# September 2017

## BREAKFAST Elementary

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

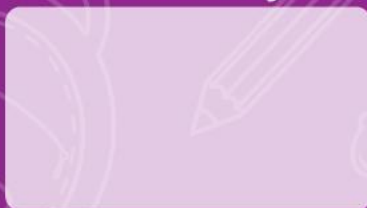
### Monday



### Tuesday



### Wednesday



### Thursday



### Friday



4

**Labor Day**

359 Honey Scooters Cereal OR  
362 Raisin Bran  
688 Applesauce  
752 Fruit Punch Juice

5

309 Apple Jammer Sticks OR  
323 Apple Cinnamon Muffin  
670 Fresh Fruit  
658 Dried Fruit Blend

6

304 Cinnamon Bagel-fuls OR  
367 Cinnamon Raisin Bagel  
670 Fresh Fruit  
748 Grape Juice

7

303 Egg, Cheese & Turkey  
Bacon Toast OR  
329 Trix Cereal Bar  
670 Fresh Fruit  
750 Apple Juice

8

11

307 Cherry Baked Frudel OR  
368 Plain Bagel  
670 Fresh Fruit  
691 Orange Amazin' Raisins

351 Cinnamon Toast Crunch  
Cereal Bar OR  
325 Krave S'mores Cereal Pouch  
647 Dole Mandarin Oranges  
749 Apple Cherry Juice

12

369 Pillsbury Berry Blast  
French Toast OR  
321 Banana Muffin  
670 Fresh Fruit  
688 Applesauce

13

308 Strawberry Filled Bagel OR  
367 Cinnamon Raisin Bagel  
697 Bagged Apple Slices  
752 Fruit Punch Juice

14

337 Eggo Blueberry Pancakes  
OR  
322 Blueberry Muffin  
670 Fresh Fruit  
753 Orange Juice

15

18

370 Apple Fruit Pocket OR  
365 Cinnamon Frosted  
Flakes Pouch  
670 Fresh Fruit  
752 Fruit Punch Juice

315 Apple Cinnamon Toast OR  
319 Orange Cranberry Muffin  
688 Applesauce  
670 Fresh Fruit

19

338 French Toast Sticks OR  
366 Blueberry Bagel  
690 Strawberry Amazin' Raisins  
749 Apple Cherry Juice

20

350 Apple Cinnamon Cheerios  
Bar OR  
311 Cheese Omelet in Pita  
642 Fresh Cantaloupe  
750 Apple Juice

21

304 Cinnamon Bagel-fuls OR  
328 Chocolate Chip Muffin  
696 Raisins  
670 Fresh Fruit

22

25

403 Egg & Cheese Bagel OR  
368 Plain Bagel  
670 Fresh Fruit  
749 Apple Cherry Juice

358 Kellogg's Frosted Flakes  
Cereal Pouch OR  
329 Trix Cereal Bar  
670 Fresh Fruit  
750 Apple Juice

26

306 Apple Baked Frudel OR  
323 Apple Cinnamon Muffin  
688 Applesauce  
752 Fruit Punch Juice

27

328 Chocolate Chip Muffin OR  
366 Blueberry Bagel  
753 Orange Juice  
647 Dole Mandarin Oranges

28

327 Pillsbury Maple Mini  
Waffles OR  
313 Cranberry Apple Rebel Crumble  
670 Fresh Fruit  
749 Apple Cherry Juice

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