



June/July 2017



Summer Lunch

Nutritional Development Services

Menu is subject to change, a variety of low fat and skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Archdiocese of Philadelphia
222 N. 17th Street
Philadelphia, PA 19103
215-895-3470

SummerMealsNDS

SummerMealsNDS

SummerMealsNDS

www.nutritionaldevelopmentservices.com

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 227 BBQ Chicken & Cheese Wrap 752 Fruit Punch Juice 707 Bagged Baby Carrots 932 Keebler Scooby Snacks	20 241 Turkey Ham & Cheese on Croissant 697 Sliced Apples 715 Italian Corn Salad	21 239 Turkey Bologna on Wheat 631 Cherry Star Vegetable Juice 621 Fresh Celery Sticks 117 Wow Butter Cup 691 Orange Amazin' Raisins	22 205 Popcorn Chicken 651 Fresh Watermelon 708 Fresh Romaine Salad with Spinach & Chickpeas 929 Keebler Elf Grahams	23 235 Cheese Sandwich on WG Bread 670 Fresh Fruit 635 Calypso Crush Vegetable Juice 936 Vanilla Bear Grahams 541 Chocolate Hummus
26 239 Turkey Bologna on Wheat 670 Fresh Fruit 703 Wango Mango Vegetable Juice 992 Chocolate Chip Cookie	27 205 Popcorn Chicken 670 Fresh Fruit 707 Bagged Baby Carrots 540 Garlic Hummus	28 250 Torpedo Sandwich 602 Red Bliss Potato Salad With Turkey Bacon 631 Cherry Star Vegetable Juice 653 Fresh Mango	29 243 Honey Mustard Chicken Wrap 706 Fresh Romaine Salad with Cherry Tomatoes 749 Apple Cherry Juice 936 Vanilla Bear Grahams	30 235 Cheese Sandwich on WG Bread 541 Chocolate Hummus 635 Calypso Crush Vegetable Juice 932 Keebler Scooby Snacks 697 Sliced Apples
3 242 Deli Style Wedge Sandwich 619 Fresh Jicama Sticks 635 Calypso Crush Vegetable Juice 670 Fresh Fruit	4 <u>Independence Day</u>	5 404 Italian Wrap 134 Cherry Vanilla Yogurt 670 Fresh Fruit 618 Rainbow Baby Carrots 635 Calypso Crush Vegetable Juice	6 205 Popcorn Chicken 708 Fresh Romaine Salad with Spinach & Chickpeas 641 Fresh Pineapple 931 Animal Crackers	7 261 Soy Butter & Jelly Sandwich 752 Fruit Punch Juice 707 Bagged Baby Carrots 989 Graham Crackers
10 227 BBQ Chicken & Cheese Wrap 752 Fruit Punch Juice 707 Bagged Baby Carrots 932 Keebler Scooby Snacks	11 241 Turkey Ham & Cheese on Croissant 697 Sliced Apples 715 Italian Corn Salad	12 239 Turkey Bologna on Wheat 631 Cherry Star Vegetable Juice 621 Fresh Celery Sticks 117 Wow Butter Cup 691 Orange Amazin' Raisins	13 205 Popcorn Chicken 640 Fresh Red Seedless Grapes 708 Fresh Romaine Salad with Spinach & Chickpeas 929 Keebler Elf Grahams	14 235 Cheese Sandwich on WG Bread 670 Fresh Fruit 635 Calypso Crush Vegetable Juice 936 Vanilla Bear Grahams 541 Chocolate Hummus
17 239 Turkey Bologna on Wheat 670 Fresh Fruit 703 Wango Mango Vegetable Juice 992 Chocolate Chip Cookie	18 205 Popcorn Chicken 670 Fresh Fruit 707 Bagged Baby Carrots 540 Garlic Hummus	19 250 Torpedo Sandwich 602 Red Bliss Potato Salad With Turkey Bacon 631 Cherry Star Vegetable Juice 648 Fresh Orange Wedges	20 243 Honey Mustard Chicken Wrap 706 Fresh Romaine Salad with Cherry Tomatoes 749 Apple Cherry Juice 936 Vanilla Bear Grahams	21 235 Cheese Sandwich on WG Bread 541 Chocolate Hummus 635 Calypso Crush Vegetable Juice 932 Keebler Scooby Snacks 697 Sliced Apples



July/August 2017



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24	25	26	27	28
242 Deli Style Wedge Sandwich 619 Fresh Jicama Sticks 635 Calypso Crush Vegetable Juice 670 Fresh Fruit	237 Turkey Bologna & Cheese Sandwich on Flatbread 631 Cherry Star Veg Juice 541 Chocolate Hummus 936 Vanilla Bear Grahams 696 Raisins	404 Italian Wrap 134 Cherry Vanilla Yogurt 670 Fresh Fruit 618 Rainbow Baby Carrots 635 Calypso Crush Vegetable Juice	205 Popcorn Chicken 708 Fresh Romaine Salad with Spinach & Chickpeas 641 Fresh Pineapple 931 Animal Crackers	261 Soy Butter & Jelly Sandwich 752 Fruit Punch Juice 707 Bagged Baby Carrots 989 Graham Crackers
31	1	2	3	4
227 BBQ Chicken & Cheese Wrap 752 Fruit Punch Juice 707 Bagged Baby Carrots 932 Keebler Scooby Snacks	241 Turkey Ham & Cheese on Croissant 697 Sliced Apples 715 Italian Corn Salad	239 Turkey Bologna on Wheat 631 Cherry Star Vegetable Juice 621 Fresh Celery Sticks 117 Wow Butter Cup 691 Orange Amazin' Raisins	205 Popcorn Chicken 651 Fresh Watermelon 708 Fresh Romaine Salad with Spinach & Chickpeas 929 Keebler Elf Grahams	235 Cheese Sandwich on WG Bread 670 Fresh Fruit 635 Calypso Crush Vegetable Juice 936 Vanilla Bear Grahams 541 Chocolate Hummus
7	8	9	10	11
239 Turkey Bologna on Wheat 670 Fresh Fruit 703 Wango Mango Vegetable Juice 992 Chocolate Chip Cookie	205 Popcorn Chicken 670 Fresh Fruit 707 Bagged Baby Carrots 540 Garlic Hummus	250 Torpedo Sandwich 602 Red Bliss Potato Salad With Turkey Bacon 631 Cherry Star Vegetable Juice 653 Fresh Mango	243 Honey Mustard Chicken Wrap 706 Fresh Romaine Salad with Cherry Tomatoes 749 Apple Cherry Juice 936 Vanilla Bear Grahams	235 Cheese Sandwich on WG Bread 541 Chocolate Hummus 635 Calypso Crush Vegetable Juice 932 Keebler Scooby Snacks 697 Sliced Apples
14	15	16	17	18
242 Deli Style Wedge Sandwich 619 Fresh Jicama Sticks 635 Calypso Crush Vegetable Juice 670 Fresh Fruit	237 Turkey Bologna & Cheese Sandwich on Flatbread 631 Cherry Star Veg Juice 541 Chocolate Hummus 936 Vanilla Bear Grahams 696 Raisins	404 Italian Wrap 134 Cherry Vanilla Yogurt 670 Fresh Fruit 618 Rainbow Baby Carrots 635 Calypso Crush Vegetable Juice	205 Popcorn Chicken 708 Fresh Romaine Salad with Spinach & Chickpeas 640 Fresh Red Seedless Grapes 931 Animal Crackers	261 Soy Butter & Jelly Sandwich 752 Fruit Punch Juice 707 Bagged Baby Carrots 989 Graham Crackers
21	22	23	24	25
227 BBQ Chicken & Cheese Wrap 752 Fruit Punch Juice 707 Bagged Baby Carrots 932 Keebler Scooby Snacks	241 Turkey Ham & Cheese on Croissant 697 Sliced Apples 715 Italian Corn Salad	239 Turkey Bologna on Wheat 631 Cherry Star Vegetable Juice 621 Fresh Celery Sticks 117 Wow Butter Cup 691 Orange Amazin' Raisins	205 Popcorn Chicken 648 Fresh Orange Wedges 708 Fresh Romaine Salad with Spinach & Chickpeas 929 Keebler Elf Grahams	235 Cheese Sandwich on WG Bread 670 Fresh Fruit 635 Calypso Crush Vegetable Juice 936 Vanilla Bear Grahams 541 Chocolate hummus